

1 **Counteracting contribution of the Upper and Lower Meridional Overturning**
2 **Limbs to the North Atlantic Nutrient Budgets: enhanced imbalance in 2010**

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17 **Key Points:**

- 18 • The overturning circulation lower limb drives a net southward transport of oxygen
19 and nutrients from the North to the South Atlantic
- 20 • Anomalous circulation in 2010 enhanced nutrient convergence by the overturning
21 upper limb, boosting North Atlantic biological CO₂ uptake
- 22 • We observed a deep silicate divergence in the North Atlantic in 2004 and 2010
23 compatible with a transient response to reduced overturning

24

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25 **Abstract**

26 The North Atlantic Basin is a major sink for atmospheric carbon dioxide (CO₂) due in
27 part to the extensive plankton blooms which form there supported by nutrients supplied
28 by the three-dimensional ocean circulation. Hence, changes in ocean circulation and/or
29 stratification may influence primary production and biological carbon export. In this
30 study, we assess this possibility by evaluating inorganic nutrient budgets for 2004 and
31 2010 in the North Atlantic based on observations from the transatlantic A05-24.5°N and
32 the Greenland-Portugal OVIDE hydrographic sections, to which we applied a box
33 inverse model to solve the circulation and estimate the across-section nutrient
34 transports. Full water column nutrient budgets were split into upper and lower
35 meridional overturning circulation (MOC) limbs. According to our results, anomalous
36 circulation in early 2010, linked to negative-NAO conditions, led to an enhanced
37 northward advection of more nutrient-rich waters by the upper overturning limb, which
38 resulted in a significant nitrate and phosphate convergence north of 24.5°N. Combined
39 with heaving of the isopycnals, this 'extreme circulation event' in 2010 favoured an
40 enhancement of the nutrient consumption ($5.7 \pm 4.1 \text{ kmol-P s}^{-1}$) and associated
41 biological CO₂ uptake ($0.25 \pm 0.18 \text{ Pg-C yr}^{-1}$, upper-bound estimate), which represents
42 a 50% of the mean annual sea–air CO₂ flux in the region. Our results also suggest a
43 transient state of deep silicate divergence in both years. Both results are indicative of a
44 MOC-driven modulation of the biological carbon uptake (by the upper MOC limb) and
45 nutrient inventories (by the lower MOC limb) in the North Atlantic.

46 **1 Introduction**

47 Oceans play a crucial role in the climate system (Siedler et al., 2001). The capacity of
48 the ocean to uptake and store atmospheric CO₂ emitted by human activities buffers the
49 effects of the anthropogenically-induced perturbations on the global carbon cycle
50 (Khatiwala et al., 2013; Heinze et al., 2015). This anthropogenic uptake by the solubility
51 pump (2.6 Pg-C yr^{-1} ; Gruber et al., 2019) is however small compared to the much larger
52 natural carbon cycle including the roughly 10 Pg-C yr^{-1} exported from the upper ocean
53 via the biological carbon pump (BCP) consisting of the production, sinking and
54 remineralization of organic matter (Falkowski et al., 1998; Ito & Follows, 2005). Small

55 changes in natural carbon uptake therefore have the potential to negate or amplify
56 oceanic uptake of anthropogenic carbon. Such changes are likely because the BCP is
57 not homogeneously distributed across the ocean, particularly due to limitations imposed
58 by the lack of nutrients in the photic layer (upper 100-150 dbar) (Pérez et al., 2003;
59 Carpenter & Capone, 2013; Moore et al., 2013). The strongly stratified subtropical gyres
60 are some of the most extensive oligotrophic areas (Emerson et al., 2001), whereas the
61 high latitudes, especially the subpolar North Atlantic (Pommier et al., 2009), are
62 characterized by elevated winter nutrient concentrations which support extensive
63 phytoplankton blooms in spring (Watson et al., 2009).

64 Nutrients in the upper ocean are provided from multiple sources/mechanisms including
65 coastal runoff, atmospheric deposition, horizontal advection, isopycnal heave, wind-
66 driven upwelling, diapycnal diffusion and/or induction (e.g. Williams & Follows, 2003).
67 The importance of these mechanisms varies by region, with the Gulf Stream, so called
68 'nutrient stream' (Pelegrí & Csanady, 1991), being key in supplying nutrients from the
69 tropics to the mid and high latitudes in the Atlantic (Williams et al., 2011) and sustaining
70 primary production in the subtropical gyre via lateral advection (Palter et al., 2005, 2011;
71 Pelegrí et al., 2006; Dave et al., 2015; Letscher et al., 2016) and subsequent induction
72 downstream (Williams et al., 2006). The Gulf Stream forms the western boundary of the
73 subtropical gyre and comprises the bulk of the warm northward upper limb of the
74 Atlantic Meridional Overturning Circulation (MOC) (Meinen et al., 2010). Changes in
75 ocean MOC are closely linked with the North Atlantic Oscillation (NAO), the leading
76 mode of atmospheric variability in the North Atlantic, on interannual to decadal
77 timescales (Stepanov & Haines, 2014; DeVries et al., 2017; Sutton et al., 2017). The
78 NAO evolved from largely positive states in the 1990s to near neutral states in the
79 2000s (Hurrell et al., 2013), reaching exceptionally negative values in 2010 (Osborn,
80 2011; Stendardo & Gruber, 2012). This extreme negative phase of the NAO in 2010 led
81 to an anomalous southward Ekman transport and a weakening of the MOC at 26.5°N
82 (Srokosz & Bryden, 2015), with potential effects on the nutrient supply to the upper
83 ocean (Oschlies, 2001; Cianca et al., 2007).

84 Since nutrient availability limits primary production, any change in oceanic nutrient
85 content and supply to the photic layer has the potential to influence the regional

86 magnitude and/or efficiency of the BCP (Stocker et al., 2013). The assessment of basin-
87 scale nutrient pools and their variability is therefore crucial to our understanding of how
88 the BCP functions and what factors control its magnitude and efficiency. Several studies
89 have examined the large-scale meridional transport of major nutrients (nitrate,
90 phosphate, and silicate) in the North Atlantic (Schlitzer, 1988; Rintoul & Wunsch, 1991;
91 Martel & Wunsch, 1993; Williams & Follows, 1998; Williams et al., 2000; Álvarez et al.,
92 2002, 2003, 2004; Ganachaud & Wunsch, 2002; Lavín et al., 2003; Williams et al.,
93 2011; Maze et al., 2012), whereas fewer studies have provided nutrient budget
94 estimates in the region (Michaels et al., 1996; Ganachaud & Wunsch, 2002; Álvarez et
95 al., 2003; Maze et al., 2012; Fontela et al., 2019). Due to the differences and limitations
96 of the methodological approaches, whether the North Atlantic is a net source for
97 nutrients to the other basins remains subject to debate (Table 1). The inability to
98 accurately assess time varying sources and sinks, as well as the scarcity of
99 observational data that would allow estimation of accurate tracer accumulation/depletion
100 rates at a basin scale, has traditionally resulted in a steady-state condition becoming a
101 *de facto* assumption for the majority of the inverse nutrient budget calculations. The
102 steady-state assumption implies the nutrient inputs and outputs are in balance so that
103 the basin does not accumulate or lose nutrients in time. Only a very few studies
104 indicated that the North Atlantic nutrient stocks might not be in steady-state on decadal
105 to century time-scales (e.g. Michaels et al., 1996). In this study we re-evaluate the
106 nutrient budgets in the North Atlantic using the wealth of data collected since the last
107 estimates by Álvarez et al. (2003). We consider the response of North Atlantic nutrient
108 budgets to changing circulation and the likelihood that these budgets are not in steady-
109 state on annual-to-interannual timescales, suggesting that the biogeochemical budgets
110 are subject to transient responses to the large (and rapid) MOC changes.

111 The study is structured as follows: in section 2 we present the data and methods; in
112 section 3.1, we examine the basin-scale meridional nutrient (and oxygen) distributions
113 and transports across both sections, accounting for the differences between both
114 occupations (2004 and 2010); next, in section 3.2, by combining both hydrographic
115 sections and recent estimates of external nutrient sources, we quantify the nutrient
116 budgets of the region between the sections in both years to test the hypothesis that the

117 North Atlantic is in a biogeochemical steady state; and finally, section 4 contains the
 118 summary and conclusions.

Table 1. Summary of reference observation-based estimates of the meridional nutrient and oxygen transports at different latitudes in the North Atlantic. Negative transports meaning southwards.

Section	Cruise	Date	Property transport (kmol s^{-1})				Steady-state assumption	Reference
			Silicate	Nitrate	Phosphate	Oxygen		
Davis Strait (67°N)	ARK-XXI 1b	16 Aug – 9 Sep 2005	-42.9 ± 5.2	-31.3 ± 3.6	-3.7 ± 0.4	np ^a	Yes	Torres-Valdés et al. (2013)
	35TH20020610	10 Jun – 12 Jul 2002						
	35TH20040604	4 Jun – 7 Jul 2004	np	11 ± 16	-0.2 ± 1	-924 ± 314	Yes	Maze et al. (2012)
OVIDE (40-60°N)	06MM20060523	21 May – 28 Jun 2006						
	35TH20080610	10 Jun – 10 Jul 2008						
	35TH20100610	8 Jun – 7 Jul 2010						
	29AH20120622	23 Jun – 12 Aug 2012	-130 ± 50*	10 ± 35*	1.1 ± 3.6*	-2070 ± 600*	No	Fontela et al. (2019)
	35PK20140515	20 May – 26 Jun 2014						
A25 (40-60°N)	4x	7 Aug – 17 Sep 1997	-26 ± 15 np	-50 ± 19 -16 ± 36	-6 ± 2 np	-1992 ± 440 np	Yes	Alvarez et al. (2002) Maze et al. (2012)
A02 (47°N)	29HE06_1-3	14 Jul – 15 Aug 1993	-130 ± 50	10 ± 35	1.1 ± 3.6	-1750 ± 500	Yes	Ganachaud & Wunsch (2002)
A03 (36°N)	Leg 1, Atlantis II-109	11 Jun – 9 Jul 1981	-134 ± 38	119 ± 35	np	-2940 ± 180	Yes	Rintoul & Wunsch (1991)
	Leg 3, Atlantis II-109	12 Aug – 4 Sep 1981	-152 ± 56	-8 ± 39	np	-2600 ± 120	Yes	Rintoul & Wunsch (1991)
A05 (24.5°N)	29HE06_1-3	14 Jul – 15 Aug 1992	-220 ± 80 -254 ± 176	-50 ± 50 -130 ± 95	-7.6 ± 3.6 -12.6 ± 6.3	-2070 ± 600 -2621 ± 705	Yes Argued	Ganachaud & Wunsch (2002) Lavin et al. (2003)
	A06 (7.5°N)	35A3CITHER1_2	5 Jan – 19 Feb 1993	-160 ± 110	-70 ± 120	-1.0 ± 7	-1430 ± 950	Yes

122 *Average transport estimates also considering the 2002, 2004 and 2006 cruises. np, not provided.

123 2 Data and Methods

124 2.1 Hydrographic data

125 We used the cruise data from the GO-SHIP A05-24.5°N
 126 (www.nodc.noaa.gov/ocads/oceans/RepeatSections/clivar_a05.html) and OVIDE
 127 (www.nodc.noaa.gov/ocads/oceans/RepeatSections/clivar_ovide.html) sections (Figure
 128 1). Both sections comprise high-quality measurements at high spatial resolution of
 129 standard tracers such as temperature, salinity, nitrate, silicate, phosphate, oxygen and
 130 carbonate system variables (pH, alkalinity, DIC), making them a valuable observational
 131 database for the study of the biogeochemical transports in the North Atlantic. First
 132 sampled in 1957, the A05-24.5°N section has been occupied nine times over the last
 133 few decades. In this study, we used the Apr-May 2004 (Brown et al., 2010) and Jan-Feb
 134 2010 (Atkinson et al., 2012) repeats. Among the nine biennial repeats of the OVIDE
 135 section, which was first carried out in 2002, we used Jun-July 2004 (Lherminier et al.,
 136 2010) and June 2010 occupations (Mercier et al., 2015) (Table 2). We selected the

137 2004 and 2010 repeats as they were carried out within the same year at both the
 138 subtropical and subpolar locations. Both sections combined together enclose an
 139 oceanic region comprising a significant part of the North Atlantic (namely NA-box
 140 hereinafter, Figure 2).

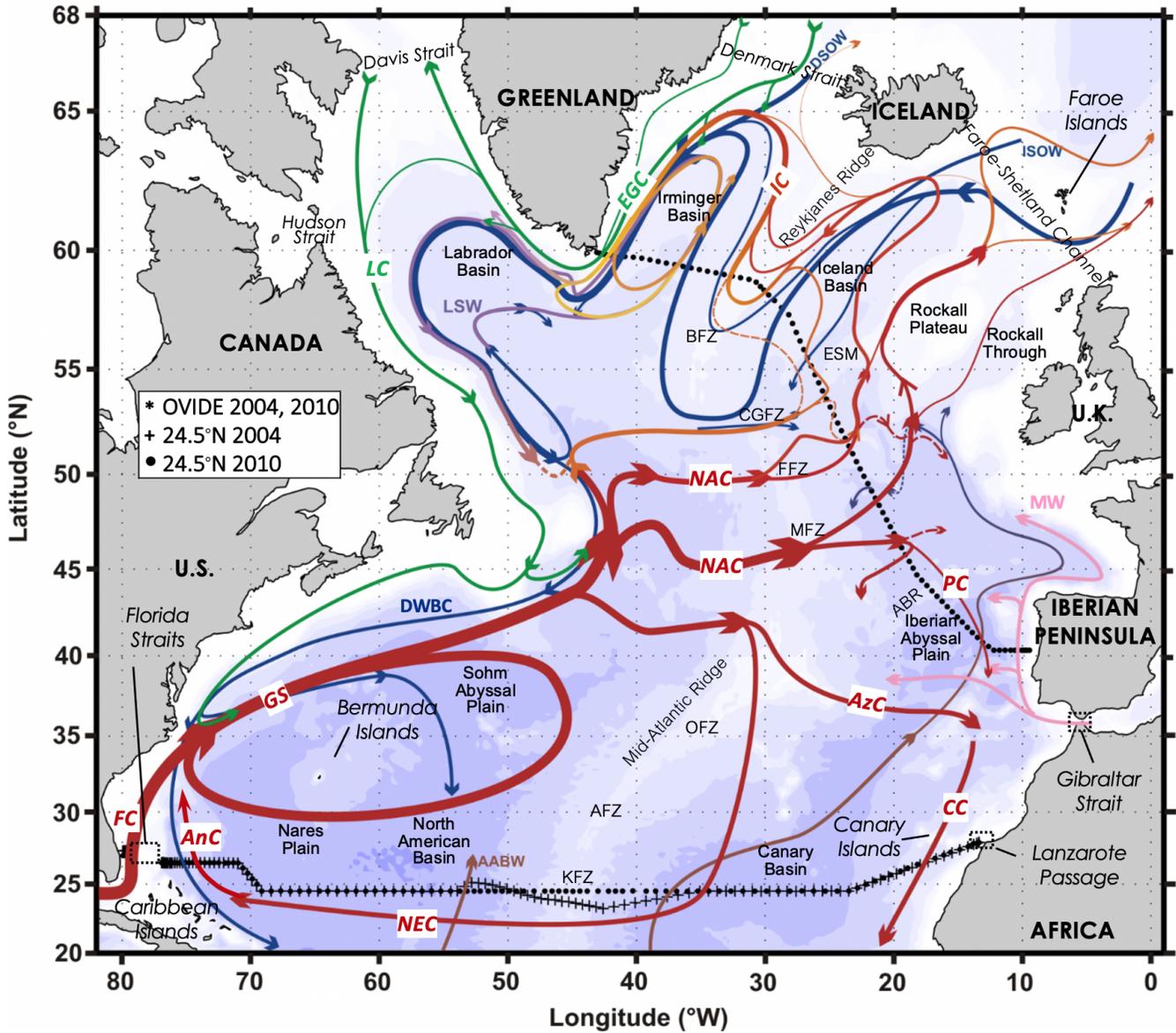


Figure 1. Schematic diagram of the North Atlantic circulation adapted from Danialt et al. (2016). Bathymetry is plotted with colour change at 100 m and every 1000 m at and below 1000 m. The locations of the A05-24.5°N and OVIDE hydrographic stations are indicated (see legend). The region enclosed by these two sections, and the Davis and Gibraltar Straits, is referred to as NA-box. Major topographic features: Azores-Biscay Rise (ABR), Atlantis Fracture Zone (AFZ), Bight Fracture Zone (BFZ), Charlie-Gibbs Fracture Zone (CGFZ), Eriador Seamount (ESM), Faraday Fracture Zone (FFZ), Kane Fracture Zone (KFZ), Maxwell Fracture Zone (MFZ), Oceanographer Fracture Zone (OFZ). Labelled water masses and currents: Antarctic Bottom Water (AABW, brown lines), Antilles Current (AnC, red line), Azores Current (AzC, red line), Canary Current (CC, red line), Deep Western Boundary Current (DWBC, blue line), Denmark Strait

Overflow Water (DSOW, blue line), East-Greenland Current (ECG, green line), Florida Current (FC, red line), Gulf Stream (GS, red line), Iceland–Scotland Overflow Water (ISOW, blue line), Irminger Current (IC, orange line), Labrador Current (LC, green line), Labrador Sea Water (LSW, purple line), Mediterranean Water (MW, pink line), North Atlantic Current (NAC, red line), North Equatorial Current (NEC, red line), Portugal Current (PC, red line).

Table 2. List of hydrographic cruises used in this study. C.S. denotes cruise chief scientist, and #St the number of stations.

Section	Cruise Name	Expocode	Date	Vessel	C.S.	#St	Reference
OVIDE	OVIDE 2004	35TH20040604	4 Jun 7 Jul	2004 <i>Thalassa</i>	T. Huck	119	Lherminier et al. (2010)
	OVIDE 2010	35TH20100610	8 Jun 7 Jul	2010 <i>Thalassa</i>	V. Thierry	95	Mercier et al. (2015)
A05-24.5°N	CLIVAR A05 2004	74DI20040404	5 Apr 10 May	2004 <i>Discovery</i>	S. Cunningham	125	Atkinson et al. (2012)
	A05 2010	74DI20100106	6 Jan 15 Feb	2010 <i>Discovery</i>	B. King	135	

161 In the A05-24.5°N cruises, the analysis of inorganic nutrients, nitrate and nitrite
 162 (hereinafter nitrate, NO_3^-), phosphate (PO_4^{3-}) and silicate ($\text{Si}(\text{OH})_4$), were undertaken on
 163 a Skalar San^{plus} autoanalyzer following the method described by Kirkwood (1996), with
 164 the exception that pump rate through the phosphate line was increased by a factor of
 165 1.5 to improve the reproducibility and peak shape of the results. OVIDE nutrients were
 166 analysed using a Chemlab AAll type Auto-Analyser, following the protocols and
 167 methods described by Aminot & Chaussepied (1983). The precision for NO_3^- and PO_4^{3-}
 168 and $\text{Si}(\text{OH})_4$ was evaluated at 0.2, 0.02 and 0.1 $\mu\text{mol kg}^{-1}$, respectively. Oxygen was
 169 determined by Winkler titration, following WOCE standards (Culberson, 1991) and GO-
 170 SHIP best practices (Langdon, 2010) at OVIDE and A05-24.5°N, respectively, with a
 171 precision better than 1 $\mu\text{mol kg}^{-1}$. All oxygen and nutrient data were quality controlled
 172 (QC) and corrected according to GLODAPv2.2019 secondary QC protocols (Olsen et
 173 al., 2019) (see multiplicative factors in Supporting Information Table S1).

174 2.2 Other data sources

175 In addition to cruise data, we used complementary hydrographic data (nitrate and
 176 neutral density) from the Bermuda Atlantic Time-series Study (BATS) site

177 (<http://bats.bios.edu/>), as well as MODIS satellite chlorophyll data
 178 (<https://oceandata.sci.gsfc.nasa.gov/MODIS-Aqua/>), Vertical Generalized Production
 179 Model (VGPM) Net Primary Production data (Behrenfeld & Falkowski, 1997), and the
 180 Hurrell North Atlantic Oscillation (NAO) Index
 181 ([https://climatedataguide.ucar.edu/climate-data/hurrell-north-atlantic-oscillation-nao-](https://climatedataguide.ucar.edu/climate-data/hurrell-north-atlantic-oscillation-nao-index-station-based)
 182 [index-station-based](https://climatedataguide.ucar.edu/climate-data/hurrell-north-atlantic-oscillation-nao-index-station-based)) for the period 2004 to 2012, to validate the anomaly signals
 183 detected in our data; the RAPID MOC time series data (Smeed et al., 2019), to
 184 compute the MOC magnitude for the period of the cruises and the annual averages, as
 185 a reference; and different wind product databases: the Cross-Calibrated Multi-Platform
 186 Product (CCMP) (Atlas et al., 2011), NCEP (Kistler et al., 2001) and ERA-Interim (Dee
 187 et al., 2011), to compute the Ekman transport across the sections.

188 Finally, to estimate the nutrient budgets in the NA-box (section 2.4), we also used
 189 additional data sources from former studies (Supporting Information Table S2) to
 190 account for the external inputs of nutrients by river runoff, atmospheric deposition, N₂-
 191 fixation, seafloor weathering, ground water, hydrothermal and meltwater sources, or the
 192 nutrient transports across the open boundaries of the domain (Davis and Gibraltar
 193 Straits). Further details about derivation of numbers are provided in Supporting
 194 Information (Text S1).

195 2.3 Transports of nutrients

196 The transport of a tracer perpendicular to a transoceanic section (T_{tracer} ; kmol s^{-1}) is
 197 estimated as

$$198 \quad T_{\text{tracer}} = \sum_{j=\text{stpA}}^{\text{stpB}} \Delta x_j \int_{z_a}^{z_b} \rho_j [\text{tracer}]_j v_j dz, \quad (1)$$

199 where T_{tracer} is the transport of the tracer (with *tracer* being the general notation for
 200 oxygen, O₂; silicate, Si(OH)₄; nitrate, NO₃; or phosphate, PO₄³⁻) spatially integrated and
 201 positive (negative) into (out-of) the NA-box. For each station pair j , ρ_j is seawater
 202 density profile (kg m^{-3}), $[\text{tracer}]_j = [\text{tracer}](z)$ is the concentration of the tracer (in μmol
 203 kg^{-1}), and $v_j = v_j(z)$ is the (absolute) velocity profile (m s^{-1}). Δx is the horizontal coordinate
 204 (station pair spacing along the section, in m), with stpA and stpB referring to two
 205 different station pairs (note stpA=1 and stpB=N, with N the total number of stations

206 pairs, when computing the net tracer transport across the entire section). Station pair
207 notation refers to the mid-point between hydrographic stations, so that, e.g., stp1 refers
208 to the midpoint between hydrographic stations 1 and 2. z is the vertical coordinate
209 (density, in kg m^{-3}), with z_a and z_b referring to two different depths (note z_a =surface and
210 z_b =bottom, when computing the net tracer transport across the entire section). To
211 match the velocity fields, the oxygen and nutrient distributions were linearly interpolated
212 at the same 1-dbar grid resolution as the velocity fields, and averaged across station
213 pairs. For explanatory purposes, the transports of oxygen, nitrate, phosphate and
214 silicate will be referred to hereinafter as kmol-O s^{-1} , kmol-N s^{-1} , kmol-P s^{-1} , and kmol-Si
215 s^{-1} , respectively. Uncertainties for all nutrient transport estimates were estimated based
216 on the uncertainty of each of the component parts of equation (1) (detailed in
217 Supporting Information Text S2).

218 Absolute velocities across the A05-24.5°N and OVIDE sections ($v_j(z)$, Figure 2), were
219 obtained by applying a box inverse model method (Mercier, 1986) founded on the least-
220 squares formalism. The thermal wind equation is used to compute the relative
221 geostrophic velocity, normal to the hydrographic section, which depends on the *a priori*
222 selected reference layer. The objective of the inversion is to refine the velocity estimates
223 at the reference level by minimizing—in the least squares sense—a set of constraints
224 given by independent estimates (e.g. ADCP measurements and/or integral volume or
225 tracer transports) and the distance to the *a priori* solution. For the A05-24.5°N – OVIDE
226 joint inversion, we selected the reference levels, as well as a number of *a priori*
227 constraints (Table 3), according to previous studies at the A05-24.5°N section (Lavín et
228 al., 2003, and Atkinson et al., 2012) and the OVIDE section (Lherminier et al., 2007,
229 2010, and Mercier et al., 2015), while satisfying salt conservation (Supporting
230 Information Text S3, Figures S1 and S2).

231 **Table 3.** Volume (S_v ; $1 S_v=10^6 \text{ m}^3 \text{ s}^{-1}$) and salt ($S_v \text{ psu}$) transport constraints used in
232 the 24.5°N – OVIDE joint inverse model. Positive transports mean into the NA-box, that
233 is, southwards across the OVIDE section and northwards across the 24.5°N.

Constraints	Lon (°W)	Station pairs	Vertical range	Before inversion <i>a priori</i> value	After inversion value	References
OVIDE section						
2004						
Sal conservation	9.5-42.8	121-225	surf-bottom	-41.2 ± 35.0 Sv psu	-41.7	This study*
Vol conservation	9.5-42.8	121-225	surf-bottom	-1 ± 3 Sv	-0.9	Lherminier et al. (2010)
Eastern Boundary	9.5-10.7	121-128	surf- σ_2 36.98 kg m ⁻³	-5 ± 3 Sv	-3.1	Lherminier et al. (2010)
Eastern Boundary	9.5-10.7	121-128	σ_2 36.98 kg m ⁻³ -bottom	-1 ± 2 Sv	-1.3	Lherminier et al. (2010)
IAP	11.1-16.4	129-145	σ_4 45.85 kg m ⁻³ -bottom	-0.8 ± 0.8 Sv	-0.7	Lherminier et al. (2010)
2010						
Sal conservation	9.5-42.8	133-224	surf-bottom	-24.1 ± 35.0 Sv psu	-26.4	This study*
Vol conservation	9.5-42.8	133-224	surf-bottom	-1 ± 3 Sv	-0.4	Mercier et al. (2015)
IAP	9.5-22.5	133-174	σ_4 45.84 kg m ⁻³ -bottom	-1.0 ± 1.0 Sv	-0.9	Mercier et al. (2015)
A05-24.5°N section						
2004						
Florida Current	77-80	1-8	0-800 dbar	31.8 ± 1.0 Sv	31.5	Baringer & Larsen (2001)
Atlantic Basin	13.4-77	9-120	surf-bottom	-36.4 ± 3.0 Sv	-37.1	Atkinson et al. (2012)
Sal conservation	13.4-80	1-120	surf-bottom	-26.0 ± 35.0 Sv psu	-23.4	McDonagh et al. (2015)
Vol conservation	13.4-80	1-120	surf-bottom	-1 ± 3 Sv	-1.0	This study*
2010						
Florida Current	77-80	1-11	0-800 dbar	30.5 ± 0.8 Sv	30.2	Baringer & Larsen (2001)
Atlantic Basin	13.4-77	12-132	surf-bottom	-33.5 ± 3.0 Sv	-34.0	Atkinson et al. (2012)
Sal conservation	13.4-80	1-132	surf-bottom	-26.0 ± 35.0 Sv psu	-21.1	McDonagh et al. (2015)
Vol conservation	13.4-80	1-132	surf-bottom	-1 ± 3 Sv	-0.8	This study*

234 * See Supporting Information Text S3 for derivation of numbers

235 The ageostrophic Ekman transport was estimated by means of the wind stress fields
236 from the Cross-Calibrated Multi-Platform Product (CCMP) (Atlas et al., 2011), following
237 McCarthy et al. (2012). A comparison between three different wind products, CCMP,
238 NCEP (Kistler et al., 2001) and ERA-Interim (Dee et al., 2011) was done to validate our
239 choice (Supporting Information Figure S1). The Ekman transport was averaged over the
240 year of the cruise (annual average), and added homogeneously in the first 30 m of the
241 water column. For both cruises and locations, seasonal aliasing did not exceed the
242 range of the uncertainties associated with the annual estimates (Supporting Information
243 Text S4). More details about methods and the sensitivity tests performed are provided
244 in the Supporting Information (Texts S5 and S6).

245 The net volume transports across the study sections were geographically delimited by
246 subregions (Figure 2). We selected the lateral limits of the regions so that they
247 comprised main reference geographic limits and/or main current systems. Horizontally,
248 we defined four main layers by isopycnal levels limiting the main water masses:

- 249 i) an upper-intermediate layer embracing the upper limb of the MOC, from
250 surface to $\sigma_1=32.15$ kg m⁻³ (hereinafter referred to as σ_{MOC} ; Mercier et al.,
251 2015), which at 24.5°N is occupied by Central Waters (of North and South

- 252 Atlantic origin) and Antarctic Intermediate Water (AAIW) (Guallart et al.,
 253 2015), and at OVIDE by North Atlantic Central Water (NACW), Subarctic
 254 Intermediate Water (SAIW) and Subpolar Mode Water (SPMW) (García-
 255 Ibáñez et al., 2015);
- 256 ii) an intermediate-deep layer, $\sigma_{MOC} < \sigma_1 \leq 32.53 \text{ kg m}^{-3}$ ($\sim \sigma_2 = 36.94 \text{ kg m}^{-3}$), where
 257 at 24.5°N there is contribution of Mediterranean Water (MW), Labrador Sea
 258 Water (LSW), and upper North Atlantic Deep Water (NADW_U; of which the
 259 main source is the lightest vintage of the LSW) (Guallart et al., 2015), and at
 260 OVIDE contribution of SPMW, MW and LSW (García-Ibáñez et al., 2015);
- 261 iii) a deep layer, between $\sigma_1 \leq 32.53 \text{ kg m}^{-3}$ and $\sigma_4 < 45.9 \text{ kg m}^{-3}$, which main
 262 contribution at 24.5°N is the lower North Atlantic Deep Water (NADW_L), and
 263 at OVIDE lower North East Atlantic Deep Water (NEADW_L), Denmark Strait
 264 Overflow Water (DSOW), and Iceland–Scotland Overflow Water (ISOW)
 265 (García-Ibáñez et al., 2015);
- 266 iv) and a bottom layer, $\sigma_4 < 45.9 \text{ kg m}^{-3}$, only present at 24.5°N , mainly occupied
 267 by Antarctic Bottom Water (AABW) (Hernández-Guerra et al., 2014; Guallart,
 268 Schuster, et al., 2015).

269 σ_{MOC} was defined by Mercier et al. (2015) as the density at which the overturning
 270 stream function reaches a maximum across the OVIDE section. At this latitude,
 271 using density coordinates provides a more truthful magnitude of the overturning
 272 circulation (Lherminier et al., 2010), as it takes into account the fact that most of the
 273 East Greenland-Irminger Current (Figure 1) ultimately belongs to the lower limb of
 274 the MOC, while the North Atlantic Current (Figure 1) at the same depths belongs to
 275 the upper limb (Figure 2b,d). At 24.5°N , however, the overturning streamfunction is
 276 usually computed in depth coordinates, so that it represents a balance between net
 277 northward (southward) flowing water above (below) the depth of maximum
 278 overturning, located at around 1100 m (Smeed et al., 2014; McCarthy et al., 2015).
 279 The 1100 m level at this latitude is though pretty much concordant with the $\sigma_1 =$
 280 32.15 kg m^{-3} isopycnal (Figure 2a,c). To be consistent at both locations, we kept the
 281 same upper/lower MOC limb interface definition as at the OVIDE section (i.e.,
 282 $\sigma_{MOC} = \sigma_1 = 32.15 \text{ kg m}^{-3}$). Transport-weighted properties by the upper and lower MOC

283 limbs were estimated as the total tracer transport across the given MOC limb,
 284 divided by the volume transport by that limb.

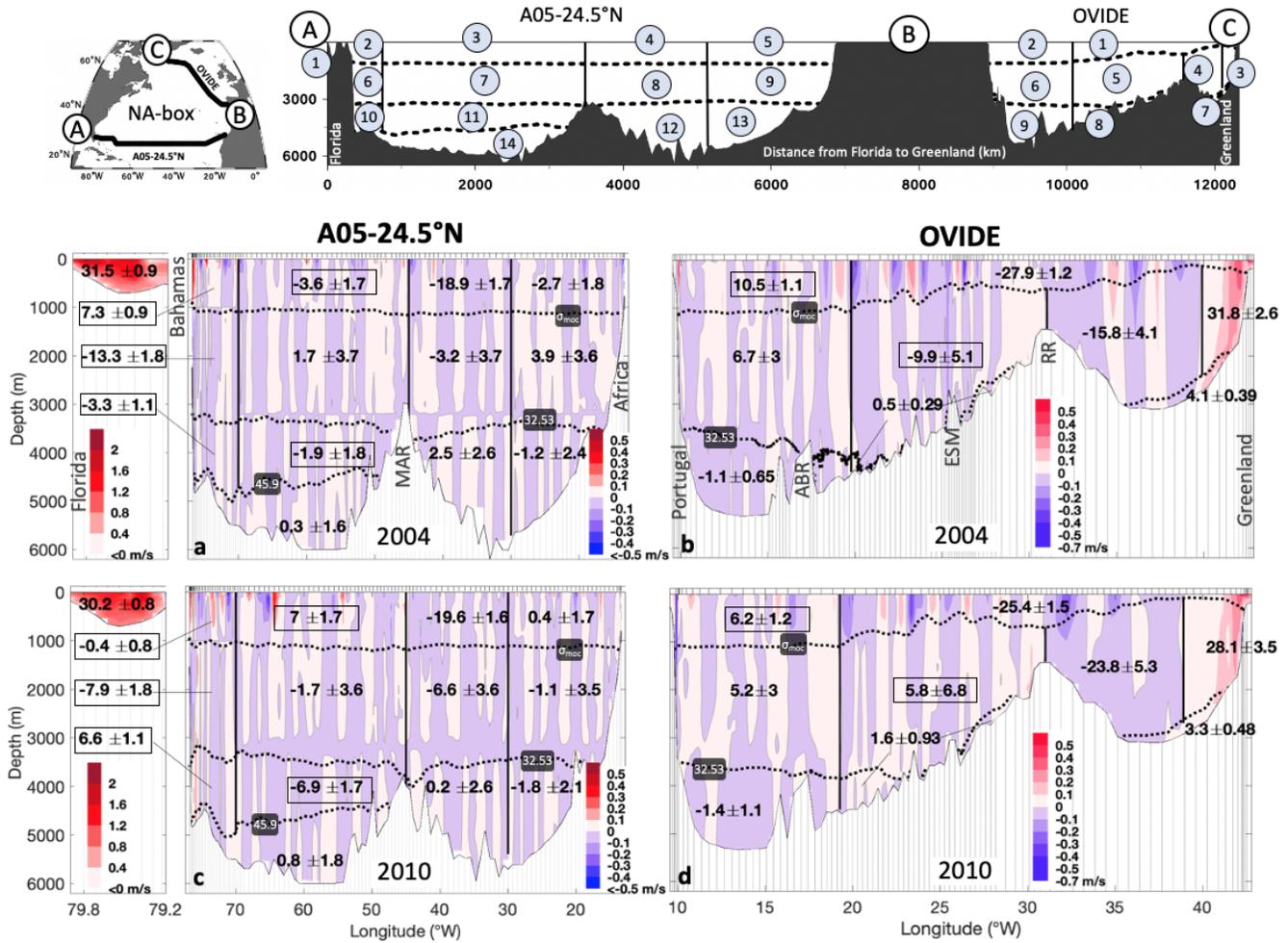


Figure 2. Upper panels: Schematic view of the NA-box (distances are to scale). Numbers in the open circles indicate subregion numeration, as reference for the results section. Lower panels: Velocity (in m/s) perpendicular to the A05-24.5°N (a,c) and OVIDE (b,d) sections for the 2004 (upper row) and 2010 (lower row) cruises. Panel b modified from Lherminier et al. (2010). The isopycnals used as density horizons for the nutrient transport estimates are also indicated (dotted lines): σ_{MOC} refers to σ_1 isopycnal 32.15 kg m⁻³ (σ_1 is the potential density referenced to 1000 dbar), separating the upper and lower limbs of the Atlantic Meridional Overturning Circulation (Mercier et al., 2015); $\sigma_1=32.53$ kg m⁻³; $\sigma_4=45.9$ kg m⁻³ (σ_4 is the potential density referenced to 4000 dbar). Numbers represent net transports \pm uncertainties (in Sv, positive into NA-box) by subregions. Open squares indicate those regions where volume transports are significantly different for both years. Main topographic features are indicated: Azores-Biscay Rise (ABR), Eriador Seamount (ESM), Reykjanes Ridge (RR), Mid-Atlantic Ridge (MAR).

300 2.4 Budget estimates

301 As the main goal of the study, we estimated the silicate, nitrate and phosphate budgets
302 in the NA-box. The NA-box was defined as the region bounded by the basin-scale
303 subtropical A05-24.5°N section, the subpolar OVIDE section, and the Davis and
304 Gibraltar Straits (Figure 1). The nutrient budgets, which satisfy the salt conservation
305 (Supporting Information, Text S3), were defined as the balance between the following
306 five main terms: lateral nutrient advection across the limits of NA-box (i.e., across the
307 OVIDE section, T_N^{ovide} ; the A05-24.5°N section, T_N^{a05} ; the Davis Strait, T_N^{davis} ; and the
308 Gibraltar Straits, $T_N^{\text{gibraltar}}$), the nutrient supply by river runoff (F_N^{runoff}), the input through
309 the air-sea interface within the enclosed domain ($F_N^{\text{air-sea}}$), the net biological nutrient
310 source/sink term (B), and the time derivative of the nutrient content ($\frac{\Delta N}{\Delta t}$):

$$311 \quad \frac{\Delta N}{\Delta t} = T_N^{\text{ovide}} + T_N^{\text{a05}} + T_N^{\text{davis}} + T_N^{\text{gibraltar}} + F_N^{\text{runoff}} + F_N^{\text{air-sea}} + B \quad (3)$$

312 Where subindex N refers to a general notation for nutrient (either silicate, Si(OH)_4 ;
313 nitrate, NO_3^- ; or phosphate, PO_4^{3-}). T_N^{ovide} and T_N^{a05} are the nutrient transports estimated
314 according to equation (1) (section 2.3), whereas T_N^{davis} , $T_N^{\text{gibraltar}}$, F_N^{runoff} and $F_N^{\text{air-sea}}$ were
315 obtained and/or inferred from previous studies (Supporting Information, Text S1 and
316 Table S2). The term B accounts for the net balance between the organic matter
317 production (inorganic nutrient sink) and remineralization (inorganic nutrient source), i.e.,
318 the net storage of organic matter (dissolved and particulate). Note B does not include
319 the biological fixation of N_2 , but this is accounted for as an additional term for the nitrate
320 budget equation, i.e., an extra addend in equation (3), corresponding to the balance
321 between biological dinitrogen fixation vs. denitrification, $F_{\text{nitrate}}^{\text{N2-fixation}}$ (Supporting
322 Information, Text S1.5 and Table S2). For silicate, we took into account the additional
323 contribution of submarine groundwater, seafloor weathering, deep-sea hydrothermal
324 sources (Tréguer & Rocha, 2013) and sheet-ice melting (Hawkings et al., 2017) as an
325 extra addend in equation (3), $F_{\text{silicate}}^{\text{other}}$ (Supporting Information, Text S1.4 and Table S2).

326 Under a *de facto* steady-state assumption, the North Atlantic basin is not accumulating
327 or losing nutrients ($\Delta N/\Delta t = 0$), so that the balance of inputs minus outputs must equal
328 the biological term B within the box, which consequently becomes the target unknown in
329 equation (3). More specifically, for the silicate budget, B accounts for the balance
330 between biogenic silica production by silicifying plankton vs. biogenic silica dissolution
331 (silicate regeneration); whereas for nitrate and phosphate, B refers to the balance
332 between photosynthesis vs. respiration of organic matter (nitrate/phosphate
333 regeneration). Most production is remineralized (either in surface or at depth), so in an
334 integrated water column sense, B can only represent either: 1) sediment burial (which is
335 a very small term compared to primary production and export production) or 2)
336 accumulation in a small particulate pool or larger dissolved organic pools. In the sense
337 where water column is split (e.g. upper and lower limb, uMOC and lMOC, respectively),
338 B^{uMOC} and B^{lMOC} represent net community production in the upper limb (if $B^{uMOC} > 0$) and
339 remineralisation in the lower limb (if $B^{lMOC} < 0$). These indirect estimates B^{uMOC} and B^{lMOC}
340 can be compared, under certain assumptions, with independent estimates of production
341 and remineralization. Significant larger/lower values of B than those obtained by *in situ*
342 measurements may be indicative of the existence of a time tendency in the nutrient
343 budgets (i.e., $\Delta N/\Delta t \neq 0$), as will be discussed in section 3.2. Furthermore, when it
344 comes to closing the nitrate and phosphate nutrient budgets in the North Atlantic, one
345 agreed limitation among most previous studies in the region (Michaels et al., 1996;
346 Ganachaud & Wunsch, 2002; Álvarez et al., 2003; Fontela et al., 2019) is the
347 contribution of the dissolved organic nutrient source from the subtropics to higher
348 latitudes, suggested as the potential missing counter-balancing flux that might keep the
349 inorganic nutrient pool in the North Atlantic in balance. We therefore also assessed the
350 organic nutrient transport at 24.5°N (Supporting Information, Text S1.6).

351 In this study we present the nutrient budgets as net budgets (whole-water column
352 integration), and split into upper (surface to σ_{MOC}) and lower (σ_{MOC} to bottom) MOC limb
353 budgets.

354 3 Results and Discussion

355 3.1 Nutrient and oxygen distribution and transports across the A05-24.5°N and 356 OVIDE sections

357 3.1.1 Tracer distribution general description

358 The lowest nutrient concentrations are found in surface waters (Figure 3e to j) where
359 they are consumed by phytoplankton activity, whereas oxygen concentrations in surface
360 waters (Figure 3c,d) are relatively high due to direct exchange with the atmosphere
361 (oxygen solubility). At intermediate levels, nutrients increase (oxygen decreases) due to
362 *in situ* remineralization and ageing of the water masses (i.e., organic matter
363 remineralization as water masses are laterally advected from their source regions). This
364 biological process is responsible for the highest nitrate and phosphate concentrations at
365 24.5°N being found at around 700-900 m (maximum remineralization depth) (Figure
366 3g,i), which is also evidenced by the pronounced oxygen minimum (namely oxygen
367 minimum zone, Figure 3c). Deeper in the water column, high oxygen concentrations
368 relate to the recently ventilated LSW (Figure 3c,d). Closer to the bottom, high nutrient
369 concentrations (the highest for silicate, Figure 3e) are associated to the AABW, the
370 oldest water mass across the section.

Figure 3. Vertical distribution of salinity (S), oxygen (O_2 , in $\mu\text{mol kg}^{-1}$), silicate (Si(OH)_4 , in $\mu\text{mol kg}^{-1}$), nitrate (NO_3^- , in $\mu\text{mol kg}^{-1}$) and phosphate (PO_4^{3-} , in $\mu\text{mol kg}^{-1}$) along the A05-24.5°N section (left panels) and the OVIDE section (right panels) for 2004. Numbers in the open circles in panels a and b indicate sub-region numeration, as reference for the results section. Numbers in panels c to j represent oxygen and nutrient transports \pm uncertainties (in kmol s^{-1} , positive into NA-box) by subregions. Open squares indicate those regions where oxygen and/or nutrient transports are significantly different for both years. The isopycnals used in this study as density horizons for the

nutrient transport estimates are also indicated (dotted lines): $\sigma_{\text{MOC}} = \sigma_1 = 32.15 \text{ kg m}^{-3}$ (σ_1 is the potential density referred to 1000 dbar); $\sigma_1 = 32.53 \text{ kg m}^{-3}$; $\sigma_4 = 45.9 \text{ kg m}^{-3}$ (σ_4 is the potential density referred to 4000 dbar). Main water masses traceable by the oxygen and nutrient distributions are also indicated: Antarctic Bottom Water (AABW), Antarctic Intermediate Water (AAIW), Denmark Strait Overflow Water (DSOW), Labrador Sea Water (LSW), lower North Atlantic Deep Water (NADWL), Mediterranean Water (MW), Subpolar Mode Water (SPMW), upper North Atlantic Deep Water (NADWU); and main topographic features: Azores-Biscay Rise (ABR), Eriador Seamount (ESM), Reykjanes Ridge (RR), Mid-Atlantic Ridge (MAR).

389 *3.1.2 Mean circulation patterns*

390 Here we describe the main circulation patterns at both locations. The transport values
391 shown represent the average of the 2004 and 2010 occupations \pm standard error (Table
392 4).

393 At 24.5°N, the upper 1000 dbar (broadly upper MOC limb, $\sigma_1 \leq \sigma_{\text{MOC}}$, regions 1 to 5,
394 Figure 3a) are characterized by a net northward transport of oxygen and nutrients as
395 result of the large northward oxygen and nutrient transport by the Florida and Antilles
396 Currents (regions 1+2, Figure 3a), which is not compensated by the gyre recirculation
397 (regions 3+4+5). The lower MOC limb ($\sigma_1 > \sigma_{\text{MOC}}$, regions 6 to 14, Figure 3a), comprises
398 a net southward transport of oxygen and nutrients, mainly advected by the Deep
399 Western Boundary Current (DWBC) system (regions 6+7+10+11, Figure 3a). This
400 current represents the largest transport of nutrients and oxygen across the whole
401 section below 1000 dbar, although there is also a less intense deep southward transport
402 of oxygen and nutrients in the eastern basin (regions 8+9+12+13, Figure 3a). Deeper in
403 the water column, we find the bottom northward transport of oxygen and nutrients
404 related to the AABW (region 14, Figure 3a). Dominated by the lower MOC limb, the net
405 basin-wide (integration across the entire section) transport of oxygen and nutrients
406 across 24.5°N is southwards (Table 4), consistent with previous estimates based on the
407 1992 A05 cruise (Jul-Aug) by Lavín et al. (2003) ($-2621 \pm 705 \text{ kmol-O s}^{-1}$, -254 ± 176
408 kmol-Si s^{-1} , $-130 \pm 95 \text{ kmol-N s}^{-1}$ and $-12.6 \pm 6.3 \text{ kmol-P s}^{-1}$) and Ganachaud & Wunsch
409 (2002) ($-2070 \pm 600 \text{ kmol-O s}^{-1}$, $-220 \pm 80 \text{ kmol-Si s}^{-1}$, $-50 \pm 50 \text{ kmol-N s}^{-1}$ and -7.6 ± 3.6
410 kmol-P s^{-1}).

411 Across OVIDE, we identify the same upper/lower MOC scheme of circulation, with a net
412 northward transport of oxygen and nutrients by the upper MOC limb ($\sigma_1 \leq \sigma_{\text{MOC}}$, regions 1

413 to 3, Figure 3b), which is mostly carried by the North Atlantic Current (region 1, Figure
414 3b) and partly recirculates in the easternmost region of the section (region 2, Figure 3b);
415 and a net southward transport of oxygen and nutrients by the lower MOC limb ($\sigma_1 > \sigma_{\text{MOC}}$,
416 regions 3 to 9, Figure 3b). At this latitude, different to the A05-24.5°N results, the
417 transport of nutrients by the upper and lower MOC limbs is nearly in balance, within the
418 uncertainties (Table 4); although there is a significant net southward transport of
419 oxygen. As part of the lower MOC, the Western Boundary Current (East Greenland-
420 Irminger and Deep Western Boundary Currents, region 3, Figure 3b) is the main
421 contributor to the basin-wide transports, comprising an intense southward “deep oxygen
422 and nutrient stream”, as observed at 24.5°N. Below, the bottom southward transport
423 related to the DSOW (region 7, Figure 3b) also contributes to the “deep oxygen and
424 nutrients stream”.

425 In the European Basin there is also a deep, albeit less intense, southward flux of
426 oxygen and nutrients between 1000-4000 dbar pressure range (region 6, Figure 3b).
427 Underneath, in the Iberian Abyssal plain, there is a net northward oxygen and nutrients
428 transport (region 9, Figure 3b).

429 Integrated across the entire OVIDE section, only the transport of oxygen (2004: $1501 \pm$
430 $770 \text{ kmol-O s}^{-1}$, 2010: $1398 \pm 830 \text{ kmol-O s}^{-1}$, southward, Table 4) is significantly
431 different from zero in both years (Table 3); a result consistent with estimates reported by
432 Maze et al. (2012) (a three-cruise 2002-2006 mean: $924 \pm 314 \text{ kmol-O s}^{-1}$) and Fontela
433 et al. (2019) (an eight-cruise 2002-2016 mean: $909 \pm 132 \text{ kmol-O s}^{-1}$). However, the
434 enhanced MOC in 2010 produced nutrient transports that were large enough to be
435 significant ($81 \pm 69 \text{ kmol-Si s}^{-1}$, $-5.9 \pm 3.3 \text{ kmol-P s}^{-1}$). The only other significant non-zero
436 net nutrient transport across OVIDE in the literature is the Fontela et al. (2019) eight-
437 cruise average phosphate transport ($-0.8 \pm 0.7 \text{ kmol-P s}^{-1}$).

438 Between both sections, we estimated an across- σ_{MOC} upward diapycnal flux (1.8 ± 1.4
439 Sv in 2004, and 0.5 ± 1.6 Sv in 2010, Figure 5b,c) comprising an upward transfer of
440 nutrients between the lower and upper MOC limbs. Although our result is below the
441 uncertainty level, such diapycnal flow is supported by the study of Desbruyères et al.
442 (2013), who found that about 4-Sv, related to the dense-to-light conversion of deep

443 western boundary current waters, fed back into the upper MOC limb in the vicinity of
 444 Flemish Cap.

445 **Table 4.** Mean (2004 and 2010 average) volume, oxygen and nutrient transports (\pm
 446 standard error of the mean) by subregions and by lower/upper MOC limbs. Note that for
 447 the total section and upper and lower MOC limbs, transports by both years are also
 448 indicated. Region numbering is illustrated in Figures 2 and 3. Positive (negative)
 449 transports mean into (out of) the NA-box.

			Tvol		Toxy		Tsil		Tnit		Tphos	
			(Sv)		(kmol s ⁻¹)		(kmol s ⁻¹)		(kmol s ⁻¹)		(kmol s ⁻¹)	
			2004	2010	2004	2010	2004	2010	2004	2010	2004	2010
			avg		avg		avg		avg		avg	
OVIDE	Total		-0.9 ± 3.7	-0.4 ± 3.6	1501 ± 310	1398 ± 350	-11 ± 28	81 ± 49	4 ± 16	45 ± 19	1.1 ± 1.1	6.7 ± 1.3
			-0.6 ± 0.2		1449.5 ± 51.9		35 ± 46		25 ± 20		3.9 ± 2.8	
	uMOC ($\sigma_1 \leq 32.15$)		-17.3 ± 0.9	-19.2 ± 1.3	-3892 ± 221	-4315 ± 324	-103 ± 6	-126 ± 9	-222 ± 12	-277 ± 18	-14.3 ± 0.9	-16 ± 1.1
			-18.3 ± 1		-4103 ± 211		-115 ± 12		-250 ± 0		-15.2 ± 0.9	
IMOC ($\sigma_1 > 32.15$)		16.6 ± 1.2	18.8 ± 1.5	5393 ± 409	5712 ± 517	92 ± 27	208 ± 49	227 ± 18	322 ± 25	15.4 ± 1.1	22.8 ± 1.7	
		17.7 ± 1.1		5553 ± 160		150 ± 58		274 ± 48		19.1 ± 3.7		
Upper	reg. 1	North Atlantic Current	-26.6 ± 1.3		-6116 ± 222		-156 ± 0		-350 ± 1		-21 ± 0.4	
	reg. 2	Eastern recirculation	8.4 ± 2.1		2013 ± 433		42 ± 12		100 ± 29		5.9 ± 1.3	
Intermediate	reg. 3	Western Boundary Current	30 ± 1.8		8744 ± 500		290 ± 18		498 ± 19		32.7 ± 0.3	
	reg. 4	Irminger Basin	-19.8 ± 4		-5591 ± 1141		-213 ± 45		-332 ± 80		32.7 ± 0.3	
	reg. 5	Iceland Basin	-2 ± 7.8		-409 ± 2057		-8 ± 115		-52 ± 160		-1.9 ± 9.1	
Deep	reg. 6	European Basin	6 ± 0.8		1651 ± 240		82 ± 0		117 ± 17		7.4 ± 0.9	
	reg. 7	Irminger Basin	3.7 ± 0.4		1177 ± 433		32 ± 2		53 ± 3		3.6 ± 0.2	
	reg. 8	East Reykjanes Ridge	1 ± 0.5		289 ± 142		24 ± 16		19 ± 10		1.3 ± 0.7	
	reg. 9	European Basin	-1.2 ± 0.1		-307 ± 38		-57 ± 7		-28 ± 3		-1.9 ± 0.2	
A05-24.5°N	Total		-0.98 ± 0.9	-0.8 ± 0.9	-2326 ± 310	-2558 ± 310	-122 ± 68	-250 ± 66	-50 ± 40	-33 ± 36	-4.2 ± 2.7	-2.2 ± 2.3
			-0.9 ± 0.1		-2442 ± 116		-186 ± 64		-42 ± 9		-3.2 ± 1.0	
	uMOC ($\sigma_1 \leq 32.15$)		13.7 ± 0.5	17.5 ± 0.4	1775 ± 88	2132 ± 71	132 ± 4	196 ± 4	215 ± 7	349 ± 6	12.3 ± 0.5	21.8 ± 0.4
			15.6 ± 1.9		1953 ± 178		164 ± 32		282 ± 67		17.1 ± 4.8	
IMOC ($\sigma_1 > 32.15$)		-14.7 ± 1.7	-18.3 ± 1.4	-4101 ± 426	-4690 ± 362	-254 ± 55	-446 ± 48	-265 ± 35	-382 ± 31	-16.5 ± 2.5	-24 ± 2.1	
		-16.5 ± 1.8		-4395 ± 294		-350 ± 96		-323 ± 58		-20.2 ± 3.8		
Upper	reg. 1+2+3	Florida Straits, W-Atlantic	36.0 ± 0.8		6004 ± 134		251 ± 36		458 ± 66		27.8 ± 5.3	
	reg. 4+5	E-Atlantic	-20.4 ± 1.2		-4051 ± 312		-87 ± 4		-176 ± 1		-10.7 ± 0.6	
D/I	6+7+10+11	DWBC system	-13.3 ± 3.5		-3646 ± 988		-301 ± 72		-255 ± 62		-16 ± 4.2	
	8+9+12+13	E-Atlantic	-3.7 ± 5.6		-877 ± 1362		-94 ± 184		-80 ± 128		-5.3 ± 8.5	
B	reg. 14	W-Atlantic	0.5 ± 0.3		128 ± 79		45 ± 15		12 ± 8		1.1 ± 0.5	

450 3.1.3 2004-to-2010 differences: upper vs lower MOC limb-mediated meridional
451 transports

452 In this section, we first identify the major differences observed in the oxygen and
453 nutrient distributions and transports in 2010 compared to 2004 at both locations.
454 Temporal variations in oxygen and nutrient distributions may be caused by changes in
455 circulation patterns, i.e., more or less of a certain water mass crossing the section,
456 and/or by changes in the tracer concentrations within water masses. Changing water
457 mass tracer concentrations in turn can be the result of changing water mass properties
458 in the source region, changes in the mixing with surrounding waters as the water mass
459 spreads, and/or due to variations in the biological activity. Here, the comparison
460 between both occupations seeks to better understand the representativeness of our
461 estimates with regards to a mean state, as well as the origin of the differences
462 observed, rather than aiming to infer changes over time *per se*.

463 At 24.5°N, the most striking change was found at the nitrate and phosphate (oxygen)
464 maximum (minimum) depth (Figure 3c,g,i), around 700-900 dbar mainly in the Florida
465 Straits and western Atlantic, where the nutrient (oxygen) maximum (minimum) was
466 notably larger (lower) in 2010 compared to 2004 (Figure 4e,i,k). This large nutrient
467 increase at the thermocline level ranged between 4-7 $\mu\text{mol-N kg}^{-1}$ and 0.2-0.4 $\mu\text{mol-P}$
468 kg^{-1} in the Florida Straits and Western Atlantic basin, with a section average increase at
469 that level of $\sim 1 \mu\text{mol-N kg}^{-1}$ and $\sim 0.05 \mu\text{mol-P kg}^{-1}$ (accompanied by a concomitant
470 decrease in oxygen of around $10 \mu\text{mol kg}^{-1}$, Figure 4i). Several studies (e.g. García et
471 al., 1998, 2005; Bopp et al., 2002; Matear & Hirst, 2003; Stramma et al., 2010;
472 Stendardo & Gruber, 2012) have reported deoxygenation trends and expansion of
473 hypoxic/suboxic waters at the minimum oxygen zone (broadly 700-1000 m depth). Yet,
474 the magnitude of these trends ($0.6 \mu\text{mol-O}_2 \text{ kg}^{-1}\text{y}^{-1}$ at 1100 m for the period 1957-1992
475 by García et al., 1998; or $0.09\text{-}0.34 \mu\text{mol-O}_2 \text{ kg}^{-1}\text{y}^{-1}$ in the 300-700 m by Stramma et al.,
476 2008) do not account for the 6-year change observed here, evidencing that further
477 driving mechanisms in 2010 might have enhanced the long-term signal. The positive
478 (negative) anomaly signature in nutrients (oxygen) was also accompanied by negative
479 anomalies in temperature (Figure 4c) and salinity (not shown), linked to positive density

480 anomalies (Figure 5a), which can be interpreted as isopycnal vertical displacement
481 (heave).

482 Evidencing the relevance of these nutrient anomalies, we found that even though the
483 Florida and Antilles Currents were significantly weaker in 2010 (29.8 ± 1.1 Sv; regions
484 1+2, Figure 2c) compared to 2004 (38.8 ± 1.3 Sv ; regions 1+2, Figure 2a), the nitrate
485 and phosphate transports were not reduced accordingly in proportion (Figure 3g,i). That
486 is, the nutrient transport in these regions in 2010 was not dominated by changes in
487 volume transports but compensated instead by changes in nutrient concentration.
488 Overall, both isopycnal heave and the enhancement of the northward transport in the
489 entire upper western basin (regions 2 and 3, Figure 2a,c) led to more nutrient-rich and
490 less oxygenated thermocline waters being advected across the section by the upper
491 MOC in 2010 (Table 4). Combined with the gyre recirculation in the eastern basin not
492 being significantly different in both years (reduced recirculation in 2010, but not
493 statistically different from 2004 within the uncertainties), this resulted in a significantly
494 larger northward nutrient transport in the upper MOC compared to 2004 (Table 4).

495 In the lower MOC limb, we observed negative silicate anomalies (Figure 4g), especially
496 in the eastern basin. These anomalies were linked to a northward-to-southward flow
497 reversal in 2010 in regions 7 and 9 and enhanced southward flow in region 8 (Figure
498 2a,c), which reduced the influence of southern-origin (silicate-rich) waters in the 1000-
499 3500-dbar pressure range compared to 2004. In contrast to this enhanced southward
500 volume transport by the lower MOC in the eastern basin, we found the DWBC system
501 (regions 6+7+10+11, Figure 2) experienced a reduction in 2010 (-9.9 ± 4.5 Sv, Figure
502 2c) compared to 2004 (-16.8 ± 4.6 Sv, Figure 2a), which was statistically significant in its
503 westernmost branch (regions 6+10, Figure 2). This decrease, consistent with the MOC
504 slowdown recorded by the RAPID array (Smeed et al., 2018), led to a concomitant
505 significant reduction of the southward nutrient transports by the DWBC (Figure 3e,g,i).
506 West of the Mid-Atlantic Ridge below 3500 dbar, we also observed positive silicate
507 anomalies (Figure 4g) linked to a larger influence of southern-origin waters in 2010 in
508 this part of the section as result of the reduced DWBC transport (less northern-origin
509 NADW_L influence) (Figure 2a,c, regions 10, 11 and 12). Integrated across the section
510 and from surface to bottom, the anomalous circulation pattern in 2010 resulted in total

511 nitrate and phosphate transports that were not statistically different from zero (Table 4).
512 Compared to the 2004 transports, a reduction of the meridional nitrate and phosphate
513 total transport of 34% and 48% respectively was thus observed. Total oxygen and
514 silicate transports were larger in 2010 compared to 2004, although these temporal
515 differences were within the range of the uncertainties.

516 At OVIDE, the North Atlantic Current (region 1) was weaker in 2010 (Figure 2b,d),
517 consistent with the reduction of the Florida and Antilles Currents at 24.5°N. Its
518 southwards recirculation in the eastern basin (region 2) was also reduced in 2010,
519 although this slowdown was more pronounced than the reduction in the North Atlantic
520 Current, leading the net oxygen and nutrient transports by the upper MOC limb to be
521 significantly larger in 2010 compared to 2004 (Table 4). We identified a positive nitrate
522 anomaly (of 5-7 $\mu\text{mol kg}^{-1}$, Figure 4j) over the Reykjanes Ridge that was not
523 accompanied by a concomitant increase in phosphate. This positive anomaly patch was
524 coincident with an intensification of the Irminger Current (Figure 2b,d). The fact that the
525 nitrate anomaly was not accompanied by a concomitant increase in phosphate,
526 prompted us to hypothesize that the waters advected by the enhanced Irminger Current
527 comprised an increased contribution of subtropical-origin waters, which are
528 characterized by high N_2 -fixation-derived nitrate concentrations relative to phosphate,
529 as characterised by a positive N^* (N-16P) anomaly (Gruber & Sarmiento, 1997;
530 Benavides et al., 2013; Benavides & Voss, 2015). These results may comprise
531 observational evidence of how under a negative-NAO scenario, the cyclonic circulation
532 in the Newfoundland Basin strengthens so that the Labrador Current and its retroflexion
533 intensify (Henson et al., 2013; Sarafanov et al., 2009). We conjecture that the mixing
534 between the Labrador Current and the NAC waters nearby Flemish Cap (Fratantoni &
535 McCartney, 2010) might have been enhanced in 2010 and caused the observed
536 downstream nitrate anomaly. The unusually large phytoplankton abundances in the
537 central Irminger basin in 2010 were also suggestive of such intensified recirculation
538 (Henson et al., 2013).

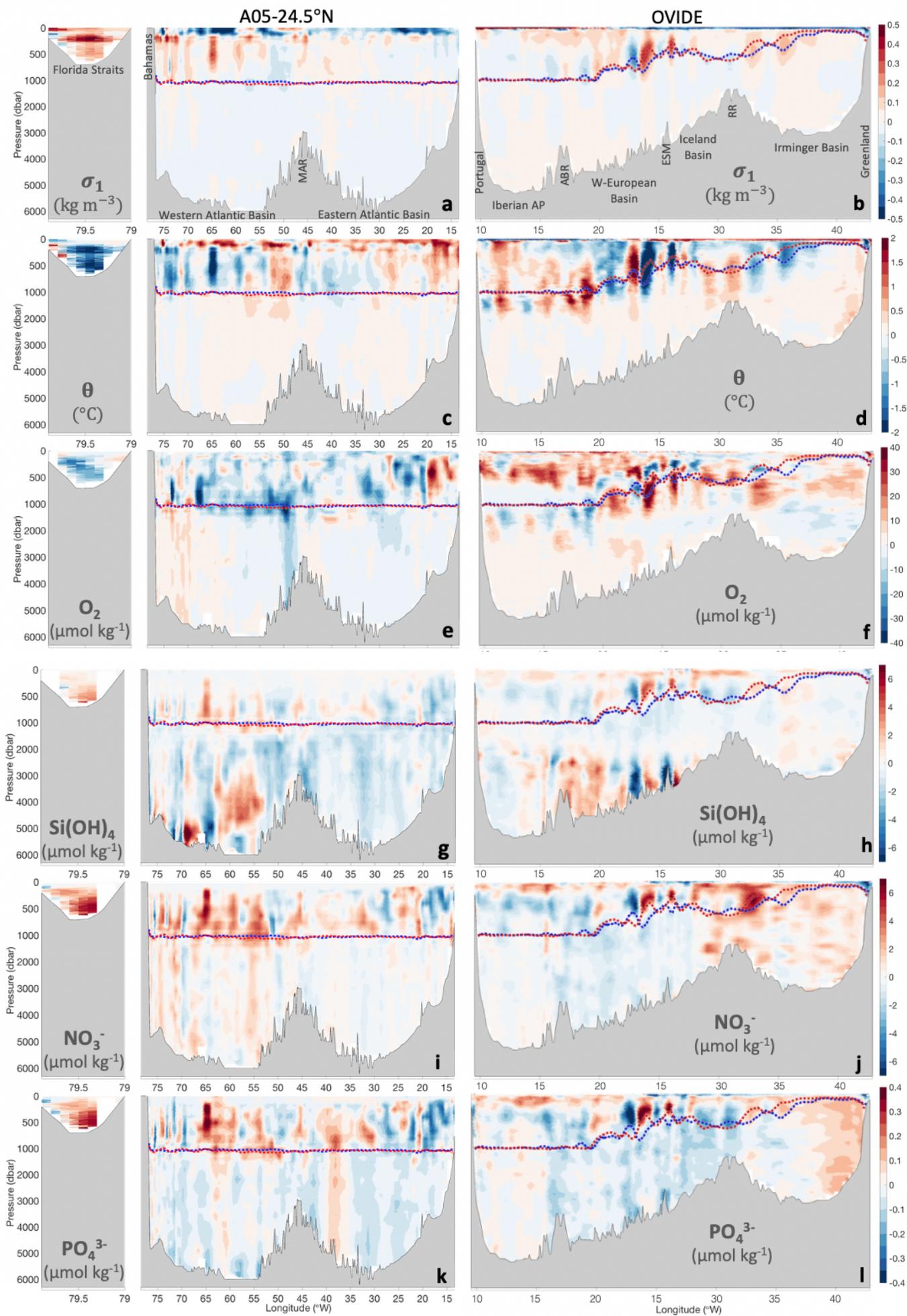
539 In the lower MOC limb, we observed positive nitrate and phosphate anomalies in the
540 Irminger Basin (related to the explanation above), but negative anomalies east of the

541 Reykjanes Ridge up to the Azores-Biscay Rise. These negative anomalies related to a
542 to northward-to-southward flow reversal in the Iceland Basin in 2010 (region 5, Figure
543 2b,d), which led to the advection of more recently-ventilated (with lower age) waters
544 across the section in 2010.

545 The southward intensification of these ‘secondary’ southward deep flows in the eastern
546 basin across both the OVIDE and A05-24.5°N sections counteracted the decrease in
547 the DWBC (Figure 2), hence not resulting in a noticeable annual MOC slowdown, as
548 estimated by the RAPID-array time series (12.8 Sv, Apr 2009-Mar 2010 average,
549 McCarthy et al., 2012; Bryden et al., 2014, Smeed et al. 2018; 15.0 [5.1] Sv, Jan-Dec
550 2010 average [standard deviation]; Smeed et al. 2019), but leading instead to a larger
551 MOC in 2010 than in 2004 (Table 4). It is important to remark that the RAPID-array
552 MOC estimates and hydro-cruise MOC estimates are based in completely different
553 methodological approaches. Besides, the hydro-cruise based estimates for 2010 ($17.5 \pm$
554 0.9 Sv, this study; 16.1 Sv, Atkinson et al., 2012) lie within the standard deviation of the
555 MOC magnitude corresponding to the 2010 annual period, as estimated by the RAPID-
556 Array (15.0 [5.1] Sv, Jan-Dec 2010 average [standard deviation], Smeed et al. 2019),
557 hence both estimates remain consistent. But in view of the above, hereinafter we will
558 refer to a DWBC slowdown in 2010 rather than MOC slowdown.

567 To better disentangle the overall change in properties between both sections and years,
568 we estimated the transport-weighted concentrations for the upper and lower branches of
569 the MOC (Table 5). Both MOC limbs are characterized by a meridional North-to-South

Figure 4. Vertical distributions of potential density (σ_1 , potential density referred to 1000 dbar), potential temperature (θ), oxygen (O_2), silicate ($Si(OH)_4$), nitrate (NO_3^-) and phosphate (PO_4^{3-}) anomalies (2010 minus 2004) on pressure surfaces along the A05-24.5°N section (left panels) and OVIDE section (right panels). The vertical and horizontal coloured lines (in blue, 2004; in red, 2010; in black, common to both years) delimit the regions and isopycnal layers used for transport computations in Figure 2.



570 gradient of decreasing (increasing) oxygen (nutrient) concentrations (Figure 3, Table 5).
 571 Biotic remineralization of the exported dissolved organic carbon at high latitudes
 572 (Fontela et al., 2016), as well as dilution with the northward-flowing low dissolved
 573 organic carbon Antarctic Intermediate and Bottom Waters (Hansell et al., 2009), support
 574 the observed gradient. Oxygen is furthermore influenced by enhanced solubility of
 575 colder subpolar waters (Gruber et al., 2001) and deep convection of recently ventilated
 576 waters, which ultimately favours the transfer of this high-oxygen signal to depth (Fröb et
 577 al., 2016). However, the lower MOC limb is more meridionally homogeneous for oxygen
 578 than the upper limb, but with the largest silicate gradient. For nitrate and phosphate, the
 579 transport-weighted properties suggest a more meridionally-homogeneous upper MOC in
 580 2004, but a more meridionally-homogeneous lower limb in 2010. Both the upper and
 581 lower MOC limbs were enriched in nutrients in 2010 compared to 2004 at both sections.
 582 Note, however, that at OVIDE the nutrient increase in the upper limb was only
 583 significant for nitrate, whereas at A05-24.5°N the nutrient increase in the lower limb was
 584 only significant for silicate. The increase in lower limb silicate concentrations along A05-
 585 24.5°N would be explained by the reduced intensity of the DWBC, which favoured the
 586 penetration of AABW northwards (Figure 2), and led to an overall significant increase in
 587 the transport-weighted silicate concentration by the lower MOC limb (Table 5).

588 **Table 5.** Transport-weighted properties (oxygen, silicate, nitrate, phosphate) by upper
 589 and lower MOC limbs (uMOC, IMOC).

		Transport (Sv)		Transport-weighted properties ($\mu\text{mol kg}^{-1}$)							
				Oxygen		Silicate		Nitrate		Phosphate	
		2004	2010	2004	2010	2004	2010	2004	2010	2004	2010
uMOC	OVIDE	-17.3 ± 0.9 ^g	-19.2 ± 1.3	218 ± 16 ^g	220 ± 22 ^g	5.7 ± 0.4 ^g	6.4 ± 0.6 ^g	12.4 ± 0.9 ^{g,t}	14.1 ± 1.3 ^{g,t}	0.8 ± 0.1	0.8 ± 0.1 ^g
	A05	13.7 ± 1.0 ^{g,t}	17.5 ± 0.9 ^t	126 ± 16 ^g	119 ± 11 ^g	9.4 ± 1.6 ^{g,t}	11.0 ± 1.2 ^{g,t}	15.3 ± 2.6 ^{g,t}	19.4 ± 1.9 ^{g,t}	0.9 ± 0.2 ^t	1.2 ± 0.1 ^{g,t}
IMOC	OVIDE	16.6 ± 1.2	18.8 ± 1.5	320 ± 33	295 ± 35 ^g	5.5 ± 1.7 ^{g,t}	10.8 ± 2.7 ^{g,t}	13.4 ± 1.4 ^{g,t}	16.6 ± 1.8 ^{g,t}	0.9 ± 0.1 ^t	1.2 ± 0.1 ^t
	A05	-14.7 ± 1.2 ^t	-18.3 ± 1.1 ^t	273 ± 34	249 ± 24 ^g	16.9 ± 4.8 ^{g,t}	23.7 ± 3.7 ^{g,t}	17.6 ± 2.4 ^g	20.3 ± 1.8 ^g	1.1 ± 0.2	1.3 ± 0.1

590 ^g Superscript indicates a larger-than-uncertainty latitudinal property gradient; ^t Superscript indicates larger-than-
 591 uncertainty temporal differences.

592 In summary, in this study we identified an anomalous pattern of advection in 2010
 593 including anomalously negative Ekman transport, isopycnal heave, reorganization in the
 594 gyre circulation, and weakening of the DWBC, accompanied by strengthening at depth
 595 of the secondary southward advective branches, all of these physical drivers favouring
 596 the northward transport of more nutrient-rich waters by the upper MOC limb in 2010

597 (Table 3, Figure 5), which ultimately led to a reduced southward transport of nitrate and
598 phosphate.

599 Ultimately, the results above may comprise observational evidence of how under a
600 negative-NAO scenario (Figure 6a), and favoured by the NAO-induced contraction of
601 the Subpolar Gyre (Chaudhuri et al., 2011; Sarafanov et al., 2009), the contribution of
602 subtropical and southern waters at high latitudes of the North Atlantic was enhanced,
603 and compensating altered circulation patterns at depth observed.

604 **3.2. Nutrient budgets in the North Atlantic in 2004 and 2010**

605 As an ultimate objective of this study, we provided novel estimates of the major
606 inorganic nutrient inventories (silicate, nitrate and phosphate) in the North Atlantic,
607 which had not been re-evaluated for this region since the former studies of Álvarez et al.
608 (2003) and Ganachaud & Wunsch (2002). For the first time in this region, we combined
609 two basin-scale hydrographic sections (the subtropical A05-24.5°N section and the
610 subpolar OVIDE section) occupied in the same year for two different occupation periods
611 (2004 and 2010), to derive consistent circulations across the sections using a joint
612 inverse model and compute the nutrient transports across them. Combining these
613 basin-wide advective nutrient transports with the most recent estimates of the additional
614 external nutrient sources (e.g. atmospheric inputs and river runoff) (Supporting
615 Information, Table S2), we obtained the net nutrient balance term (term B in equation
616 (3)) for the North Atlantic, which under steady-state ($\Delta N/\Delta t = 0$) leads to an inferred net
617 biological nutrient source/sink in the NA-box (Figure 5).

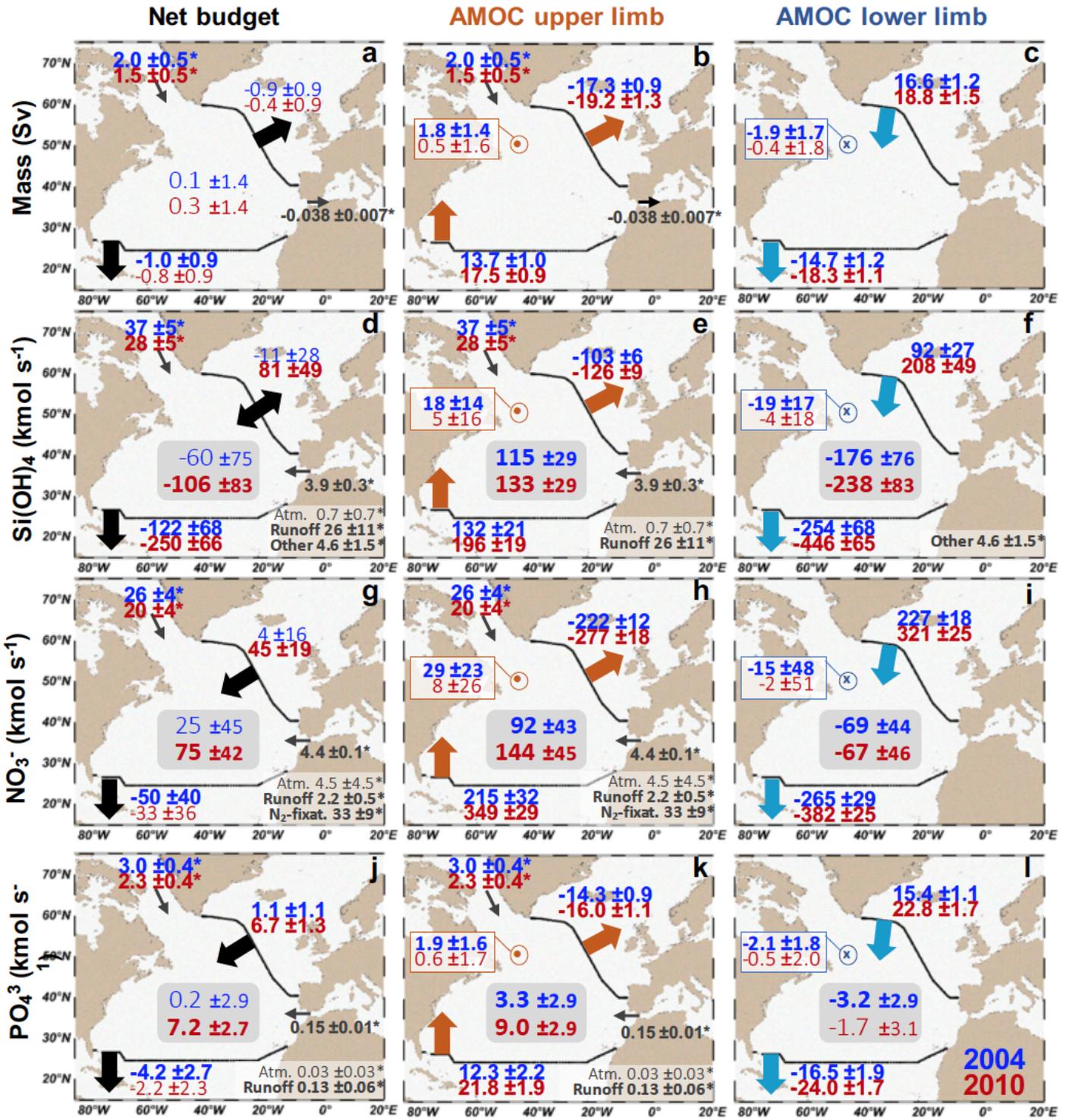


Figure 5. Schematic of the volume (a to c), silicate (d to f), nitrate (g to i) and phosphate (j to l) budgets in the North Atlantic. Left panels represent the net surface-to-bottom budgets, whereas the middle and left panels account for the upper and lower MOC limb budgets, respectively. Volume budget: numbers in the open square account for the convergence/divergence term closing the budget (positive meaning net evaporation); for the upper (lower) MOC budgets, values outlined in orange point (blue cross) refer to diapycnal flow, positive (negative) sign meaning inflow (outflow). Units in Sv ($1\text{Sv}=10^6\text{ m}^3\text{ s}^{-1}$). Inorganic nutrient budgets: numbers in the open squares account for the net balance term B in equation (3) (B for the net water-column integrated budget, left side panels; BuMOC for the upper MOC limb budget, central panels; or BIMOC for the lower MOC limb budget, right panels), positive values meaning nutrient convergence (net nutrient consumption under steady-state); negative values meaning nutrient divergence (net nutrient remineralization under steady-state). Units in kmol s^{-1} . Blue (red) numbers refer to 2004 (2010) budgets. Bold font indicates significantly different from zero values. Numbers with an asterisk are referenced in the Supporting Information (Table S2).

3.2.1 Water-column integrated nutrient budgets

634 Integrated over the whole water column, the net nutrient balance (term B in equation 3)
 635 was statistically different from zero only in 2010 (B[2010]: $-106 \pm 83\text{ kmol-Si s}^{-1}$, 75 ± 42
 636 kmol-N s^{-1} , $7.2 \pm 2.7\text{ kmol-P s}^{-1}$, Figure 5d, g, j). In 2004, however, the system was
 637 close to balance, with none of the net nutrient balance estimates B being
 638 significantly different from zero (B[2004]: $-60 \pm 75\text{ kmol-Si s}^{-1}$, $25 \pm 45\text{ kmol-N s}^{-1}$, $0.2 \pm$
 639 2.9 kmol-P s^{-1}).

640 Results from the sensitivity analysis we performed (Supporting Information, Text S6)
 641 showed that these net balance estimates are significantly sensitive to the wind forcing
 642 used to solve the velocity field at 24.5°N in 2010 (annual vs synoptic forcing), with
 643 quasi-synoptic wind forcing leading to significantly enhanced nutrient convergence
 644 (Supporting Information, Figure S8), hence intensifying the anomalous pattern in 2010.
 645 Our annual estimates for 2010 might therefore represent a lower bound of the
 646 convergence occurred. However, for nutrient budget estimate purposes, the annual
 647 forcing provides a more representative approach of the real state as it prevents aliasing
 648 of seasonal imbalances, especially when combining cruises that have been carried out
 649 in different seasons (Supporting Information, Text S4); since we would be adding extra
 650 uncertainty due to the seasonal imbalance linked to the biological term (balance term B
 651 in equation 3).

652 For nitrate and phosphate, the net balance term was positive showing that under the
 653 steady-state assumption, there is a significant (statistically significant in 2010) net
 654 nutrient consumption ($75 \pm 42\text{ kmol-N s}^{-1}$, $7.2 \pm 2.7\text{ kmol-P s}^{-1}$), which suggests the
 655 region is net autotrophic with biological primary production exceeding respiration (i.e.,
 656 the basin producing more organic carbon than that being consumed through
 657 remineralisation). Note that if we also considered the organic nutrient fraction

658 contribution to the inorganic budgets (Supporting Information, Text S1.6, Table S2) the
659 resulting balance term B would be even larger (by $13 \pm 6 \text{ kmol-N s}^{-1}$, and $3 \pm 1 \text{ kmol-P s}^{-1}$,
660 1 , Text S1.6). Relaxing the steady-state assumption, nevertheless, another plausible
661 explanation could be that the region accumulated nitrate and phosphate during the
662 period ($\frac{\Delta N}{\Delta t} > 0$, in equation 3). This result contrasts with a former study by Álvarez et al.
663 (2003), whose estimates pointed to a total nitrate production in the North Atlantic region.
664 Their estimate, the result of the sum of a net nitrate consumption between their 4x
665 (OVIDE-like) section and 36°N , and a net nitrate remineralization between 36°N AND
666 24.5°N , was however not significantly different from zero ($15 \pm 131 \text{ kmol s}^{-1}$), which
667 makes it statistically comparable to our result in 2004.

668 Contrarily to nitrate and phosphate, the water-column integrated silicate budget resulted
669 in a negative balance term. For both years, the net silicate balance (B[2004]: -60 ± 75
670 kmol-Si s^{-1} ; B[2010]: $-106 \pm 83 \text{ kmol-Si s}^{-1}$; its magnitude being only statistically
671 significant in 2010) indicated net silicate regeneration within the NA-box (i.e., net loss of
672 biogenic silica, under the steady-state assumption). Or, relaxing the steady-state
673 assumption, it might be indicative of the North Atlantic losing silicate during the period
674 ($\frac{\Delta N}{\Delta t} < 0$, in equation 3).

675 The opposing sign in the water-column integrated net silicate balance vs that of nitrate
676 and phosphate, indicated a different pattern for these nutrients. The NA-box is a region
677 that comprises part of the subtropical and subpolar gyres, and where a number of
678 different biogeochemical provinces coexist (Reygondeau et al., 2013). Hence, changes
679 in relative abundances of the non-siliceous phytoplankton (requiring nitrate and
680 phosphate but not silicate) and diatom phytoplankton communities (which in addition to
681 phosphate and nitrate require silicate) might partly explain the differential response
682 observed in the silicate vs nitrate and phosphate budgets.

683 *3.2.2 Nutrient budgets by the upper and lower MOC limbs*

684 We now split the inventories into upper/lower MOC limbs to better understand the
685 observed imbalances and their interpretation, as well as to further understand the
686 differences between the 2004 and 2010 total nutrient budgets.

687 3.2.2.1 Upper-MOC nutrient budgets

688 The upper limb of the MOC within the NA-box domain was unequivocally characterized
689 by a net positive balance of inorganic nutrients ($B^{\text{uMOC}} > 0$; Figure 5e,h,k). Under steady-
690 state conditions, this excess of nutrients should be entirely accounted for by the
691 biological term, that is, the upper limb being characterized by net nutrient consumption
692 (organic matter production exceeding remineralization). Our results also show that
693 nutrient consumption was enhanced in 2010 ($B^{\text{uMOC}}[2010]$: $133 \pm 29 \text{ kmol-Si s}^{-1}$, $144 \pm$
694 45 kmol-N s^{-1} , $9.0 \pm 2.9 \text{ kmol-P s}^{-1}$ in 2010, Figure 5e,h,k, red numbers) compared to
695 2004 ($B^{\text{uMOC}}[2004]$: $115 \pm 29 \text{ kmol-Si s}^{-1}$, $92 \pm 43 \text{ kmol-N s}^{-1}$, $3.3 \pm 2.9 \text{ kmol-P s}^{-1}$; Figure
696 5e,h,k, blue numbers), although this enhancement was only statistically significant for
697 the phosphate budget. To put numbers into context with the biological carbon pump, the
698 phosphate consumption rate in the upper MOC limb, translated into carbon via
699 stoichiometric ratios of C:N:P:O₂=117:16:1:-170 (Anderson & Sarmiento, 1994), was
700 enhanced by $5.7 \text{ kmol-P s}^{-1}$, equivalent to an increase in organic matter production of
701 $0.25 \pm 0.18 \text{ Pg-C yr}^{-1}$ in 2010 (1.7 times the value in 2004, $0.14 \text{ Pg-C yr}^{-1}$). For
702 comparison, the mean annual sea-air CO₂ flux in the North Atlantic (north of 14°N,
703 including the Nordic Seas and portion of the Arctic) is $-0.49 \text{ Pg-C yr}^{-1}$ (Takahashi et al.,
704 2009) of which our estimate of the anomalous 2010 uMOC nutrient budget represents
705 up to 50%. Note, however, our indirect estimate should be taken as an upper-bound
706 value, as we are assuming steady-state (no nutrient accumulation). Note as well the
707 upper MOC limb is deep enough for remineralisation to take place too, so our estimate
708 represents the net balance between consumption of “new” nutrients in the euphotic
709 zone (transferred to depth via the BCP) and their remineralisation deeper in the water
710 column within the upper limb.

711 The high-nutrient signature observed at 24.5°N in 2010 was also identifiable
712 downstream in the North Atlantic by an independent data source at BATS station
713 (Figure 6e). The combination of a larger nutrient supply by horizontal advection with the
714 heave of the isopycnals in the western-inner gyre (Figure 6d), and subsequent
715 upwelling of those nutrients to the sunlit upper ocean (Figure 6e), altogether favoured
716 an (immediate) biological response (enhanced primary production/nutrient consumption)
717 in the upper ocean between 26.5-40°N (Figure 6b,c) and likely in the subpolar gyre

718 (Henson et al., 2013). Actually, our results indicate that the missing nutrient source
719 reported by Henson et al. (2013) may actually have had a subtropical origin.

720 In summary, this study provides evidence that biological CO₂ uptake was boosted in
721 2010. And not only that, but the time series in Figure 6 also show that the 2010 event
722 was associated with the first large positive anomaly in primary production for the period
723 between 2004-2012, which was followed by an even larger positive anomaly in
724 chlorophyll *a* (Figure 6b) and net primary production (Figure 6c) next spring. This
725 second anomaly is hypothesised here to have followed a similar physical mechanism as
726 for the re-emergence of the temperature anomalies reported by Taws et al. (2011). This
727 re-emergence is the process by which the anomalies established over the deep winter
728 mixed layer in winter 2009/2010 were sequestered beneath the seasonal thermocline in
729 summer and reappeared at the surface as the mixed layer deepened during the
730 following winter season (2010/2011), as seen for density and nitrate re-emerging
731 signatures at the BATS site in early 2011 (Figure 6d,e).

732 According to our results, the 2010 anomalous circulation pattern not only led to an
733 enhanced nutrient convergence by the overturning upper limb, but also led to heat
734 convergence within the NA-box to be reduced by 38% in 2010 compared to 2004 (not
735 shown). Our estimate would account for up to 40% contribution to the total heat content
736 decrease of -1.2×10^{22} J reported by Cunningham et al. (2013), suggesting that not only
737 the biological carbon pump within the NA-box region was favoured in 2010, but also the
738 heat convergence decrease could have favoured a solubility-driven carbon uptake.

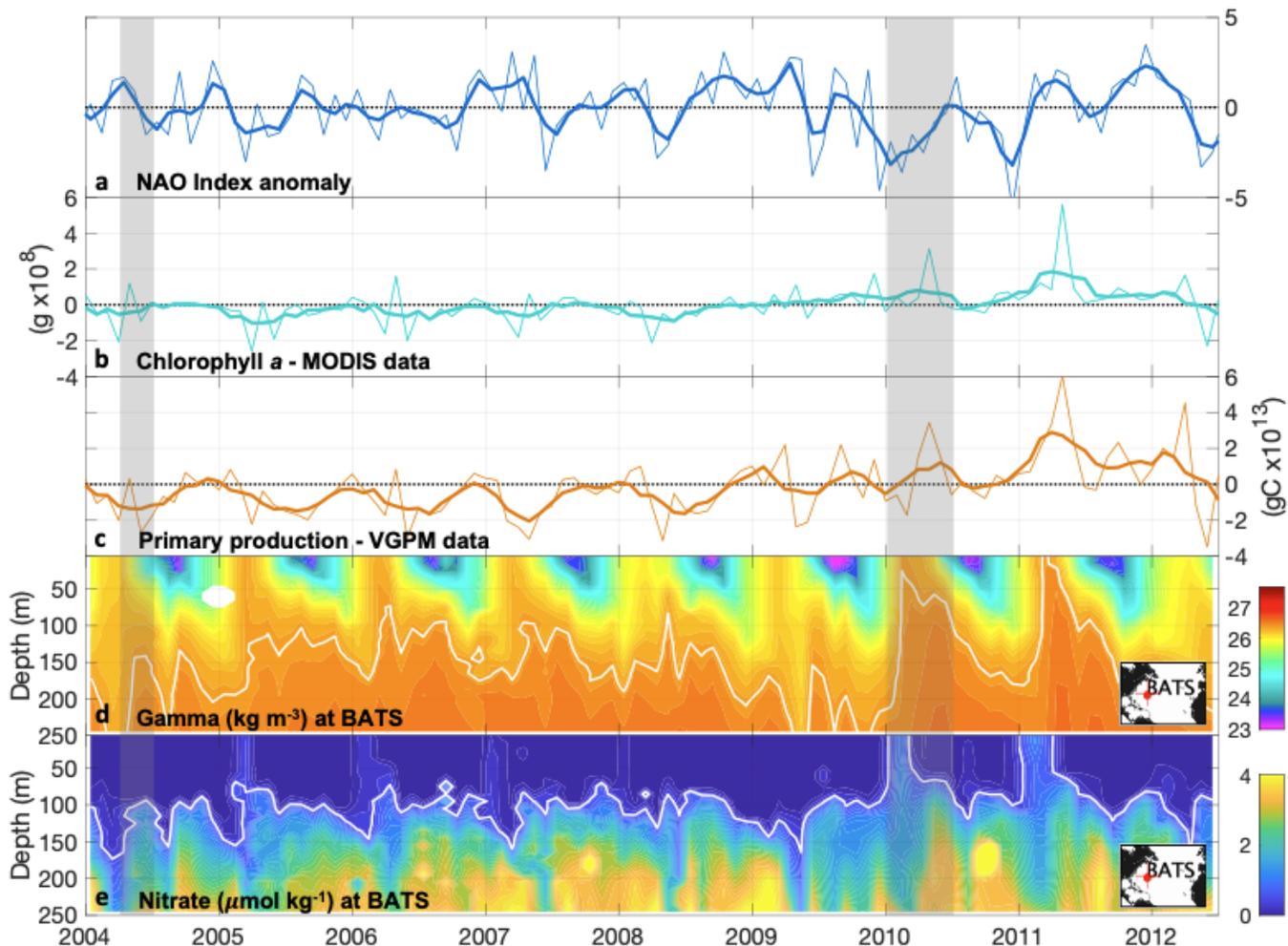


Figure 6. Time-series of a) Hurrell North Atlantic Oscillation (NAO) Index, b) MODIS satellite Chlorophyll a anomalies (deseasonalized, mean removed) for 20-50°N, 5-80°W, c) Vertical Generalized Production Model (VGPM) Net Primary Production anomalies (deseasonalized, mean removed) for 20-50°N, 5-80°W, d) neutral density and e) nitrate 2004-2013 time series at the Bermuda Atlantic Time-Series (BATS) station. Bold lines in panels a to d equate to 3-month filter applied. The white line in panel (d) indicates the $\sigma_t = 26.35$ kg m⁻³ isopycnal, and the white line in panel (e) indicates the isoline of 0.5 $\mu\text{mol kg}^{-1}$ nitrate concentration.

748 **3.2.2.2. Lower-MOC nutrient budgets**

749 Conversely, the lower MOC limb was characterized by a net nutrient divergence, its
 750 magnitude exceeding the uncertainty level for silicate.

751 *Nitrate and phosphate*

752 For the nitrate and phosphate lower MOC budgets, we obtain net balance terms
 753 ($B^{\text{MOC}}[2004]: -69 \pm 44 \text{ kmol-N s}^{-1}, -3.2 \pm 2.9 \text{ kmol-P s}^{-1}$; $B^{\text{MOC}}[2010]: -67 \pm 46 \text{ kmol-N s}^{-1}$,
 754 $-1.7 \pm 3.1 \text{ kmol-P s}^{-1}$) consistent with organic carbon consumption at depth of about
 755 $0.19 \pm 0.13 \text{ Pg-C yr}^{-1}$ (based on the 2004 and 2010 average nitrate estimates) or $0.11 \pm$

756 0.13 Pg-C yr⁻¹ (based on the 2004 and 2010 average phosphate estimates). Our
757 estimates, although largely uncertain, can be compared with the net DOC consumption
758 rate estimated by Fontela et al. (2016) for the lower MOC limb (0.062 Pg-C yr⁻¹) which
759 would be combined with remineralisation of sinking POC.

760 *Silicate*

761 Now we discuss the silicate budget, for which we found the largest divergence of the
762 three nutrients (176 ± 76 kmol-Si s⁻¹ in 2004; significantly larger in 2010, 238 ± 83 kmol-
763 Si s⁻¹). Under the steady-state assumption (no net nutrient accumulation/loss), such
764 divergence indicates net remineralization within the lower MOC limb, as might be
765 expected. In an *in situ* study in the deep northeast Atlantic (3000-m depth), Ragueneau
766 et al. (2001) estimated an annual opal flux of 43.0 mmol-Si m⁻² yr⁻¹ (i.e., 23 kmol-Si s⁻¹),
767 subject to a seasonal fluctuation between ~ 6 kmol-Si s⁻¹ in autumn/winter to ~ 133 kmol-
768 Si s⁻¹ in spring/summer (Ragueneau et al., 2001). When averaged with other *in situ*
769 estimates at different sites in the North Atlantic, the mean opal flux decreases to about
770 16 kmol-Si s⁻¹ (0.03 mol m⁻², Ragueneau et al., 2000). Since most of biogenic silica
771 production is exported to deeper levels more efficiently than particulate organic carbon
772 (Segschneider & Bendtsen, 2013) and mostly recycled within the water column (Tréguer
773 et al., 1995; Loucaides et al., 2012), we could take these *in situ* measurements of opal
774 flux as a reference. Any of the *in-situ* estimates, however, are significantly lower than
775 our inferred rate. Hence, we hypothesize that the silicate divergence might actually not
776 be completely balanced by the biological remineralization term, but instead there might
777 be also a net silicate divergence in the lower MOC limb (silicate pool decreasing in
778 time). However, given the large uncertainties and current limitations on the nutrient
779 budget assessment, as well as the debateable comparability between basin-scale
780 budget and sediment-trap derived estimates, this interpretation is not conclusively
781 supported by this study, but only hypothesized.

782 *3.2.3 Further considerations on the nutrient budget estimates*

783 In this study we revisited the external nutrient sources (e.g. river runoff, atmospheric
784 input) based on the most recent studies. As illustration, the atmospheric and river runoff

785 nitrate supply used in this study ($4.5 \pm 4.5 \text{ kmol-N s}^{-1}$ and $2.2 \pm 0.5 \text{ kmol-N s}^{-1}$,
786 respectively) were larger than those formerly used in the study by Álvarez et al. (2003)
787 ($3.7 \text{ kmol-N s}^{-1}$ and $1.4 \text{ kmol-N s}^{-1}$, respectively). The ongoing anthropogenic forcing is
788 very likely to keep increasing the nutrient supply via atmospheric and river runoff, as
789 evidenced by the trend over the last few hundred years (Seitzinger et al., 2010; Moore
790 et al., 2013; Beusen et al., 2016), making them a crucial gateway by which land-based
791 human perturbations are transferred to the open ocean (Duce et al., 2008; Jickells et al.,
792 2017). However, the paucity of observations and the poor understanding of its variability
793 mean estimates of external nutrient sources remain uncertain.

794 Despite this uncertainty, one important remark is that summed up together, the external
795 nutrient sources comprise a minor term compared to the magnitude of lateral advection.
796 Hence, it is not surprising that changes in ocean circulation patterns might drive major
797 oceanic nutrient pool reorganization on interannual time-scales (this study), or longer
798 (e.g. decadal-centennial) timescales (Riebesell et al., 2009; Schmittner, 2005). Climate
799 change projections predict that the MOC will decrease during the following century
800 (IPCC, 2019), accompanied by a general warming of the sea surface and subsequent
801 ocean stratification (Stocker et al., 2013) and, ultimately, by a reduction in primary
802 productivity (Behrenfeld et al., 2006). However, the mechanistic understanding of the
803 regional drivers at seasonal to multidecadal timescales, as well as the temporal and
804 spatial coherences, is still work in progress. Promising results are now being published
805 on global ocean biogeochemistry models that assimilate both physical and
806 biogeochemical observations (e.g., ECCO-Darwin; Carroll et al., 2020), adding
807 improvement to previous non-assimilation-based models (e.g. Galbraith et al., 2010;
808 Yool et al., 2013; Stock et al., 2014; Aumont et al., 2015). Ocean biogeochemical
809 models have the ability to resolve the spatiotemporal scales necessary for attributing
810 fluxes to their respective mechanisms, which along with the new capability of the
811 emerging data-assimilative models to optimize the model's fit to observations in a
812 property-conserving manner (Carroll et al., 2020), result in a quantitative description of
813 the time-varying global ocean biogeochemical state, making them a potentially ideal tool
814 for ocean carbon budget studies. However, since these novel state-estimates are still in
815 the evaluation phase, observation-based results remain a valuable and crucial

816 reference for ocean carbon and nutrient budget estimates, despite the large
817 uncertainties inherent to synopticity and sampling biases. Even more if we take into
818 account that rapidly growing autonomous biogeochemical measurement platforms (e.g.
819 Bittig et al., 2019) are augmenting considerably the data spatial and temporal coverage,
820 which ultimately will contribute to reduce sampling bias. Hence, observation-based
821 estimates can, and should, continue to be used as a comparison during model
822 evaluation.

823 In this study we have shown that the DWBC slowdown event in 2009/2010, which was
824 accompanied by horizontally-driven upper nutrient redistribution, actually conveyed an
825 increase in nutrient convergence in the upper MOC limb and nutrient supply to the
826 upper ocean, which ultimately favoured primary production and biological carbon
827 uptake. Therefore, under the ongoing (and projected) scenario of MOC slowdown and
828 increasing ocean stratification, extreme events injecting nutrients to the upper ocean
829 may gain relevance in boosting biological carbon uptake in the North Atlantic.

830 **4 Summary and conclusions**

831 This study provided new observational basin-scale meridional nutrient transport
832 estimates across the A05-24.5°N and OVIDE sections for the 2004 and 2010 cruises.
833 Both sections are characterized by an upper northward (low-oxygen and low-nutrient)
834 MOC branch carrying nutrients and oxygen to the North Atlantic, and a lower (well
835 oxygenated and nutrient-rich) branch advecting oxygen and nutrients back to the South
836 Atlantic. As result, this overturning pattern drives a net north-to-south meridional
837 transport of nutrients and oxygen, so that the North Atlantic ventilates the South Atlantic
838 and provides it with nutrients.

839 Lateral advection, and this upper/lower limb overturning circulation pattern, was shown
840 as a key mechanism involved in the meridional flux of nutrients, with the Gulf Stream
841 and its extension downstream, the North Atlantic Current, corroborated as the main
842 advective path for the northward transfer of nutrients from low to high latitudes in the
843 upper MOC limb; and the Deep Western Boundary Current identified as the main '*deep*
844 *nutrient stream*' by the lower limb, redistributing these nutrients southwards. Although

845 volume transport variations dominated the observed changes in the nutrient transports
846 in most of the regions, we showed that the nutrient transport by the Gulf Stream,
847 particularly at subtropical latitudes, was also greatly influenced by changes in nutrient
848 concentrations, which counteracted opposing changes in volume transport in 2010.

849 We highlighted in this study the relevance of assessing the varying role the upper and
850 lower MOC limbs play in the transport of oxygen and nutrients, and more importantly the
851 imbalance between both limbs, to better understand the magnitude and variability of the
852 total water-column nutrient inventories.

853 First assuming steady-state, we estimated the inorganic nutrient budgets in the North
854 Atlantic. Under this assumption, the convergence of nutrients in the upper MOC limb is
855 balanced by net biological consumption, likewise net divergence of nutrients in the lower
856 MOC limb is balanced by net biological regeneration, both consistent with a downward
857 particle flux by the BCP within the region. However, our results showed *higher-than-in-*
858 *situ* (silicate) remineralization rates in the lower MOC limb, so we suggest that the
859 steady-state assumption may be compromised over the observational period. Even if
860 external nutrient sources (e.g., atmospheric input, river runoff) may become a more
861 relevant input as anthropogenic forcing continues (e.g. by ice sheet melting, or
862 increasing atmospheric dust supply), they still comprise a smaller magnitude term
863 compared to lateral advection (particularly for silicate), so that changing circulation
864 patterns are likely to dominate nutrient budget variability.

865 As illustration, in 2010 we found a significant enhanced northward transport of more
866 nutrient-rich waters by the upper MOC limb linked to a heave of isopycnals, which
867 favoured an (immediate) biological response (enhanced nutrient -nitrate and phosphate-
868 consumption) in the upper ocean between 26.5-40°N. As result, the water-column
869 integrated nitrate and phosphate budgets in 2010 showed significant net biological
870 production, pointing to the region as being autotrophic, and demonstrating that extreme
871 events in the atmospheric forcing, and subsequent ocean dynamics reorganization, are
872 capable of driving (boosting) biological CO₂ uptake.

873 In summary, we showed that the *de facto* steady-state assumption may not be the best
874 representation of the biogeochemical budgets, which may actually be responding on

875 interannual time scales to circulation changes with either accumulation/depletion of the
876 nutrient inventories in response to an excess of nutrient convergence/divergence.
877 However, the large uncertainties associated with the nutrient sources, transports and
878 budgets preclude an irrefutable conclusion. Therefore, we strongly encourage further
879 research to be directed in better resolving the feedbacks between the changes in global
880 circulation patterns and their impact on carbon and nutrient inventories in the ocean, as
881 well as to better quantify the magnitude and variability of the external nutrient sources.

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Global Biogeochemical Cycles

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Supporting Information for

4

Counteracting contribution of the Upper and Lower Meridional Overturning Limbs to the North

5

Atlantic Nutrient Budgets: enhanced imbalance in 2010

6

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22 Introduction

23

This supporting material contains supplementary details on the estimate of the nutrient

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sources (Text S1), uncertainties (Text S2), the volume and salt conservation principles (Text

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S3), the representativeness of the 2004 and 2010 quasi-synoptic nutrient transport estimates

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with regards the seasonal and interannual aliasing (Text S4), the evaluation of the new joint

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inverse model (Text S5), and the sensitivity analysis (Text S6). Figures S1 to S8 show: the

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Ekman transport across both sections from different wind products (Figure S1), the

29

schematics of the salt conservation constraint (Figure S2), the net evaporation in the North

30 Atlantic (Figure S3), the volume transport comparison between the original 2004 and 2010
31 velocity fields at OVIDE and the consistency tests performed in this study (Figure S4), a
32 summary of the sensitivity analysis for the transports across the A05-24.5°N and OVIDE
33 sections (Figure S5) and for the nutrient budgets (Figure S6), the mooring-based Western
34 Boundary Wedge velocity profiles at A05-24.5°N (Figure S7), the time series of the Western
35 Boundary Wedge absolute transport at A05-24.5°N (Figure S8). Tables S1 to S4 contain: the
36 GLODAPv2 quality control correction factors applied to oxygen and nutrient data (Table S1),
37 the external sources (inputs) of silicate, nitrate and phosphate (Table S2), the list of
38 hydrographic cruises used to estimate the organic nutrient transport across the Florida Straits
39 (Table S3), the volume, salt and nutrient transports across the Davis Straits (Table S4a,b).

40 **Text S1. Estimate of additional nutrient sources**

41 **S1.1 Atmospheric deposition: $F_N^{\text{air-sea}}$**

42 In this study, we estimated the atmospheric deposition of inorganic nutrients in the North
43 Atlantic (NA-box, Figure 1) by means of the deposition rates provided by previous studies (see
44 values and references in Table S2). We inferred a total atmospheric nitrate input by using a
45 mean atmospheric deposition of inorganic oxidized nitrogen (nitrate and nitric acid) in the
46 North Atlantic of $0.12 \text{ g-N m}^{-2} \text{ y}^{-1}$ (Figure 2c in Yang & Gruber, 2016; Figure 3 middle column,
47 top row, in Jickells et al., 2017), and a total area for the enclosed domain of around 16.6×10^{12}
48 m^2 . For phosphate, we used the model-based deposition rate of 27.9 Gg-P y^{-1} by Mahowald
49 et al. (2008). Finally, for silicate, we took into account the global value by Tréguer et al. (1995)
50 and Tréguer & De La Rocha (2013) of $0.5 \pm 0.5 \text{ Tmol Si y}^{-1}$ (i.e., $16 \pm 16 \text{ kmol s}^{-1}$). From this
51 global estimate (world's ocean extension of $360 \times 10^{12} \text{ m}^2$), we inferred the proportional rate
52 for the NA-box. Given the coarse assumption that silicate deposition rates are homogeneous
53 over the world ocean, we assigned a 100% uncertainty to this estimate. To keep consistency
54 for the three nutrients, same criteria (that is, 100% of the estimate taken as uncertainty) was
55 followed for the nitrate and phosphate atmospheric inputs.

56 **S1.2 Fluvial inputs: F_N^{runoff}**

57 To obtain the nitrate and phosphate fluvial contribution to the open ocean, we considered 617
58 river sources within the limits of the NA-box (Mayorga et al., 2010; Sharples et al., 2016). Of
59 the total fluvial input, around 75% (80%) of the nitrate (phosphate) supply escapes from the
60 shelf to the open ocean (Sharples et al., 2016; Jickells et al., 2017). Based on these
61 percentages, we calculated the nitrate and phosphate river inputs to the open ocean within
62 the NA-box (Table S2). The values represent mean estimates, and the uncertainties account
63 for twice the difference between the upper and lower bound estimates.

64 For silicate, we took into account the net silicate input of rivers to the global ocean by Tréguer
65 & De La Rocha (2013) ($5.8 \pm 2.5 \text{ Tmol y}^{-1}$, i.e., $184 \pm 79 \text{ kmol s}^{-1}$). Considering a global river
66 discharge into the world oceans of $39.08 \times 10^{12} \text{ m}^3 \text{ y}^{-1}$ (Dürr et al., 2011), which is consistent
67 with the $38.86 \times 10^{12} \text{ m}^3 \text{ y}^{-1}$ by Peucker-Ehrenbrink (2009), and taking into account a river flux
68 into the NA-box of $4.4 \times 10^{12} \text{ m}^3 \text{ y}^{-1}$ (as sum of Hudson Bay, Eastern North America and
69 western Europe contributions, see Table 1 by Peucker-Ehrenbrink, 2009), we inferred a
70 silicate runoff input into the NA-box of $20 \pm 9 \text{ kmol s}^{-1}$. That is equivalent to assuming that
71 there is no spatial variation in the fluvial silicate concentration. To evaluate the validity of this
72 coarse assumption, we computed a new value with the tracer concentration ($\mu\text{mol}\cdot\text{kg}^{-1}$) from
73 the sources (Hudson Bay, Eastern North America and western Europe contributions;
74 Supplement in Dürr et al., 2011), along the freshwater runoff considered here (Peucker-
75 Ehrenbrink, 2009), obtaining a total silicate runoff into the NA-box of 15 kmol s^{-1} , yet consistent
76 with the above ($20 \pm 9 \text{ kmol s}^{-1}$). Hawkings et al. (2017) recently pointed out to the Greenland
77 ice-sheet melting as a missing source of silica to the subpolar ocean. They provided a silicate
78 input estimate of about 0.2 Tmol y^{-1} (i.e., $6.3 \pm 6.3 \text{ kmol s}^{-1}$), which we summed with the river
79 runoff (Table S2).

80 **S1.3 Nutrient fluxes at Davis and Gibraltar Straits: F_N^{davis} and $F_N^{\text{gibraltar}}$**

81 The NA-box, as defined in the present study, is an enclosed region but for the Davis and
82 Gibraltar Straits (Figure 1). Note the Hudson Strait was not taken as an open boundary, but
83 its contribution was included instead in the river runoff term.

84 The Davis Strait is the main Arctic Ocean gateway through which the major export of nutrients
85 to the North Atlantic takes place (Torres-Valdés et al., 2013). Nutrient transport estimates by
86 Torres-Valdés et al. (2013) pointed to net nutrient transport across the Davis Strait of $31.3 \pm$
87 $3.6 \text{ kmol-N s}^{-1}$, $3.7 \pm 0.4 \text{ kmol-P s}^{-1}$, and $42.9 \pm 5.2 \text{ kmol-Si s}^{-1}$, corresponding to a net volume
88 transport towards the Atlantic of $3.1 \pm 0.7 \text{ Sv}$ (Tsubouchi et al., 2012). These estimates,
89 however, were based on a quasi-synoptic cruise carried out in summer 2005. Hence, they are
90 subject to the velocity field calculated for that specific cruise. To better constrain the nutrient
91 flux across Davis Strait for the years 2004 and 2010, we recomputed the net nutrient transports
92 by using the 2004 and 2010 volume transport estimates by Curry et al. (2014) (year-round
93 moored-based measurements) coupled with the 2005 property fields by Torres-Valdés et al.
94 (2013). We estimated the nutrient transport in three vertical levels (upper, intermediate and
95 deep; as in Torres-Valdés et al., 2013) as the product of the transport-weighted nutrients
96 concentrations at each level multiplied by the Curry et al. (2014) transports. The total nutrient
97 flux is the sum of the transport in the three levels (Table S4a).

98 The May 2005 – October 2008 average nutrient fluxes Gibraltar Strait based on 15 different
99 cruises (Huertas et al., 2012) were used to close off the Gibraltar Strait (Table S2). The
100 uncertainties are based on error propagation analysis (Huertas et al., 2012).

101 **S1.4. Additional sources of silicate: $F_{\text{silicate}}^{\text{other}}$**

102 Submarine groundwater, seafloor weathering, and deep-sea hydrothermal sources constitute
103 additional silicate inputs (Tréguer and De La Rocha, 2013). To account for their contribution,
104 we relied on the global estimates by Tréguer and De La Rocha (2013), from which we
105 calculated input rates proportional to the NA-box area. We inferred a submarine groundwater
106 input of $0.6 \pm 0.6 \text{ Tmol-Si y}^{-1}$ ($0.9 \pm 0.9 \text{ kmol-Si s}^{-1}$); a seafloor weathering input of 1.9 ± 0.7
107 Tmol-Si y^{-1} ($2.8 \pm 1.0 \text{ kmol-Si s}^{-1}$); and a deep-sea hydrothermal input of $0.6 \pm 0.4 \text{ Tmol-Si y}^{-1}$
108 ($0.9 \pm 0.6 \text{ kmol-Si s}^{-1}$). Altogether, these additional sources of silicate accounted for the net
109 silicate input (Table S2).

110 **S1.5. N_2 fixation: $F_{\text{nitrate}}^{\text{N}_2\text{-fixation}}$**

111 In the North Atlantic, the nitrate:phosphate (N:P) ratio in thermocline waters may exceed that
112 of the “average” Redfieldian organisms (N:P= 16:1; Hansell and Follows, 2008). Such
113 imbalance is attributable to N_2 fixation, a biological process that provides a source of nitrogen
114 that is unaccompanied by a concomitant input of phosphorous (Moore et al., 2013; Benavides
115 & Voss, 2015). To account for such an additional source of nitrogen, we used two different N_2 -
116 fixation rate estimates: one based on the PlankTOM model ($0.05 \text{ mol-N m}^{-2} \text{ y}^{-1}$, Jickells et al.,
117 2017; see their Figure 2), from which we inferred a nitrogen source of 26.3 kmol s^{-1} ; and, the
118 second, based on the *in situ* N_2 -fixation rate estimates by Singh et al. (2013) ($12.2 \pm 0.9 \cdot 10^{11}$
119 mol-N y^{-1}), from which we inferred a nitrogen source of 38.7 kmol s^{-1} . The final value used in
120 this study was the average of both estimates (Table S2).

121 **S1.6. Dissolved organic nutrients**

122 High concentrations of dissolved organic nitrogen (DON) and phosphorus (DOP) generally
123 occur in the upper ocean over the tropics where the mixed layer is thin, and become diluted
124 at higher latitudes where the mixed layer is thick (Roussenov et al., 2006). From the tropics,
125 DON and DOP are transported northwards as result of the Ekman wind-driven and overturning
126 circulation (Roussenov et al., 2006). Of the total DON, less than 10% is semilabile (Mahaffey
127 et al., 2004; Roussenov et al., 2006), which implies only a relatively small contribution to the
128 nitrogen supply required for export production. However, about 95% of the newly formed DOP
129 is semilabile (Roussenov et al., 2006; Torres-Valdés et al., 2009). Therefore, the lateral supply
130 from the tropics of this organic fraction (particularly DOP) might be of relevance to ‘close’ the

131 nutrient budgets in the North Atlantic (Mahaffey et al., 2004; Mather et al., 2008; Letscher et
132 al., 2013; Reynolds et al., 2014).

133 To assess the contribution of the organic fraction across the subtropical A05-24.5°N section,
134 we evaluated the Florida Straits and the Atlantic Basin separately. For the Florida Straits, we
135 used data from *in situ* total dissolved nitrogen, total dissolved phosphorus, nitrate and
136 phosphate, and absolute velocities from eleven cruises carried out across between 2015 and
137 2017 (Table S3). We then estimated DON and DOP concentrations as the difference between
138 the total nutrient concentrations minus the inorganic fraction. As in equation (1), the total DON
139 and DOP transports across the Florida Straits were then estimated as the DON and DOP
140 concentrations multiplied by the absolute volume transports. We obtained, as average of the
141 11 cruises (\pm standard deviation), total DON and DOP transports of $134 \pm 26 \text{ kmol s}^{-1}$ and 3.5
142 $\pm 1.1 \text{ kmol s}^{-1}$, respectively. For transport of DON and DOP across the Atlantic Basin, we relied
143 on the *in-situ* DOP estimates obtained during the 2015-DY040 cruise (Table S3), from which
144 we calculated a DOP transport of -0.2 kmol s^{-1} (total DOP transport in the upper 200 dbar,
145 Ekman transport included). By assuming a 16:1 Redfield ratio, we then inferred a DON
146 transport across the basin of about -3.7 kmol s^{-1} . These transports, summed up to the total
147 DON (DOP) transports across the Florida Straits, and assuming that 10% (95%) of this DON
148 (DOP) transport is available for the phytoplankton demand, lead to a total contribution to the
149 nitrate (phosphate) budgets of about 13 ± 6 (3 ± 1) kmol-s^{-1} .

150 **Text S2. Uncertainties on the tracer transport estimates**

151 The uncertainties on the nutrient transports, $\sigma_{F_{\text{tracer}}}$, were computed as the root-sum-squared
152 of the uncertainty on the nutrient transport due to the volume transport ($(\sigma_{F_{\text{tracer}}})_{\text{T}}$) and the
153 uncertainty on the nutrient transport due to nutrient uncertainties $(\sigma_{F_{\text{tracer}}})_{\text{tracer}}$:

$$154 \quad \sigma_{F_{\text{tracer}}} = \sqrt{(\sigma_{F_{\text{tracer}}})_{\text{T}}^2 + (\sigma_{F_{\text{tracer}}})_{\text{tracer}}^2} = \sqrt{[\sigma_{\text{T}} \times ((\langle \text{tracer} \rangle) - \langle \text{tracer} \rangle))]^2 + [\text{std}(\text{perF}_{\text{tracer}})]^2} \quad (1)$$

155 $(\sigma_{F_{\text{tracer}}})_{\text{T}}$ was given by the covariance matrix of errors for the volume transport (as obtained
156 from the inverse model; Mercier, 1986). To account for $(\sigma_{F_{\text{tracer}}})_{\text{tracer}}$, we based on a Monte
157 Carlo method similar to past studies (e.g. García-Ibáñez et al., 2015; Zunino et al., 2015), by
158 which we simulated the nutrient transport estimates ($\text{perF}_{\text{tracer}}$) by keeping the velocity field
159 constant but randomly perturbing the tracer fields, tracer_i ($i = 1, \dots, 100$), adding a normal
160 distributed random noise to each discrete value (with zero mean and an accuracy-based
161 standard deviation of 0.5% and 1% of the oxygen and nutrient value, respectively).
162 $(\sigma_{F_{\text{tracer}}})_{\text{tracer}}$ was then estimated as the standard deviation of the Monte Carlo perturbation
163 ensemble. Note the arbitrariness on the 100-perturbation choice was tested by increasing the
164 number of perturbations by one order of magnitude (i.e., 1000 perturbations), which proved to

165 have a negligible impact, since the total uncertainty $\sigma_{F_{\text{tracer}}}$ is dominated (>95%) by the
 166 volume transport-derived uncertainty $(\sigma_{F_{\text{tracer}}})_T$.

167 **Text S3. Volume and salt conservation constraints**

168 The North Atlantic Ocean connects to the Pacific through the Bering Strait. For a given volume
 169 of water in the North Atlantic enclosed by a hydrographic section, mass conservation applies
 170 in steady-state (Siedler et al., 2001) according to:

171
$$\sum_{j=\text{stp-first}}^{\text{stp-last}} \Delta x_j \int_{z_0}^{z_{\text{bottom}}} \rho_j v_j dz + [P-E+R] = T^{\text{interbasin}} \quad (2)$$

172 The left-hand term represents mass transport across a section where: j refers to a station pair
 173 (mid-point between two hydrographic stations at which the velocity profile is obtained), stp-
 174 first and stp-last are the first and last station pairs of the section, x_j is the distance between
 175 station pairs, z_0 and z_{bottom} are depths (or densities if density is used as the vertical
 176 coordinate) from surface (z_0) to bottom (z_{bottom}), ρ_j and v_j are in situ density and velocity
 177 at station pair j . The second term represents freshwater water sources: P (precipitation), E
 178 (evaporation) and R (river runoff including ice melt). The right-hand term refers to the
 179 interbasin mass exchange across the Bering Strait. Note that conservation of mass (equation
 180 2) and conservation of volume (homologous to equation 2, but omitting ρ) are often used as
 181 pseudonyms, since for macroscopic applications ocean is considered incompressible (Talley
 182 et al., 2007).

183 Similarly to mass (volume) conservation, salt conservation applies to a volume of ocean
 184 enclosed by a hydrographic section (Siedler et al., 2001) so that:

185
$$\sum_{j=\text{stp1}}^{\text{stp2}} \Delta x_j \int_{z_1}^{z_2} \rho_j S_j v_j dz = T_S^{\text{interbasin}} \quad (3),$$

186 where the left-hand term accounts now for the salt transport perpendicular to the transoceanic
 187 section (in this study, salt transport across the OVIDE + Davis Strait or A05-24.5°N section,
 188 $T_S^{\text{ovide+davis}}$ or $T_S^{24.5n}$); and $T_S^{\text{interbasin}}$ represents the net salt input into the North Atlantic
 189 associated with the interbasin volume exchange across the Bering Strait. Contrarily to
 190 equation (2), conservation of salt is not affected by the transport into or out of the region due
 191 to E-P-R.

192 The net water transport across the Bering Straits (0.8 ± 0.1 Sv towards the Arctic Ocean,
 193 Woodgate & Aagaard, 2005) is associated with a salt flux towards the Arctic Ocean of 26 Sv
 194 psu (Woodgate et al., 2005) (Figure S2). To satisfy the salt conservation principle, the total
 195 salt transport across the northern and southern bounds of the NA-box (that is, the OVIDE
 196 section + the Davis Strait, and the A05-24.5°N section, respectively), should be of 26 Sv psu
 197 southwards.

198 First, we assessed the salt and volume conservation constraints across subpolar bound. Curry
199 et al. (2014) provided quasi-synoptic estimates of the total volume transport across the Davis
200 Strait towards the Labrador Basin of 2.0 ± 0.5 Sv in 2004 and 1.5 ± 0.5 Sv in 2010. These
201 volume transports comprising total salt transports of 67.2 Sv psu and 50.1 Sv psu for 2004
202 and 2010, respectively (Table S4b). According to these values and the salt conservation
203 principle, the net salt transport across the OVIDE section should be to the north, and its value
204 of 41.2 Sv psu [$-26 - (-67.2)$] in 2004, and 24.1 Sv psu [$-26 - (-50.1)$] in 2010 (Figure S2).
205 These values were used as constraints across the OVIDE section in the joint inversion,
206 accompanied by *a priori* uncertainty of 35 Sv psu. This uncertainty was estimated as a section-
207 average salinity of 35 multiplied by a volume uncertainty of 1 Sv, assuming the tracer error
208 contribution is negligible. At OVIDE, 1-Sv transport error accounts for the standard error of the
209 mean throughflow transport across the section (Mercier et al., 2015). We also included an *a*
210 *priori* volume conservation constraint of 1.0 ± 3 Sv to the north (Lherminier et al., 2007, 2010;
211 Mercier et al., 2015), with the 3-Sv uncertainty accompanying the volume transport constraint
212 accounts for the accumulated effect of non-synopticity and ageostrophy (e.g. mesoscale
213 baroclinic eddies) (Ganachaud, 2003). Note that even if it is implicit in the uncertainty term, it
214 was shown by Treguier et al. (2006), and verified by Racapé et al. (2018), that the eddy term
215 at OVIDE is negligible, since the section cut the main currents perpendicularly. After
216 inversion, the total salt transport across OVIDE was of 41.7 ± 31.0 Sv psu in 2004 and $26.4 \pm$
217 31.6 Sv psu in 2010 (both northwards), corresponding to northward throughflow volume
218 transports of 0.9 ± 0.9 Sv and 0.4 ± 0.9 Sv, respectively. These values are consistent with the
219 long-term mean throughflow across the OVIDE section by Mercier et al. (2015) of 1.0 ± 0.9 Sv
220 northwards, as well as that used by Holliday et al. (2018) (0.8 Sv northwards).

221 Equivalently, we assessed the salt conservation constraint across subtropical bound. We
222 applied a salt transport constraint of 26 ± 35 Sv psu southwards, with an *a priori* volume
223 conservation constraint of 1 ± 3 Sv southwards. Note in this case, the 1-Sv error in the ± 35
224 Sv psu uncertainty relates to the mid-ocean transport error associated with a 1-Sv error in the
225 combined Florida Straits and Ekman transport (Atkinson et al., 2012); whereas the 3-Sv
226 uncertainty in the volume transport constraint accounts, similarly to OVIDE, for the
227 accumulated effect of non-synopticity and ageostrophy (Ganachaud, 2003). After inversion,
228 the total salt transport was of 23.4 ± 31.8 Sv psu in 2004 and 21.4 ± 31.7 Sv psu in 2010 (both
229 southwards), associated with throughflow southward volume transports of 1.0 ± 0.9 Sv in 2004
230 and 0.8 ± 0.9 Sv in 2010.

231 By imposing both salt and volume conservations across the limits of the NA-box, we found a
232 net freshwater gain in the North Atlantic of 0.1 Sv in 2004 and a net freshwater loss of 0.3 Sv
233 in 2010, consistent with the results by McDonagh et al. (2015). We interpret these imbalance

234 in the freshwater budget as P-E+R estimates and assessed these estimates by means of the
235 independent computation of the P-E+R term in equation (2), to which we added the freshwater
236 contribution from the Arctic, i.e. ice melt (I), of 0.23 ± 0.09 Sv (Serreze et al., 2006; Holliday
237 et al., 2018). By means of the ERA-Interim reanalysis data (<https://www.ecmwf.int>), we obtained
238 a P-E+R estimate of -0.18 Sv in 2004, and -0.09 Sv in 2010 (P-E is shown in Figure S3, to
239 which we added a river runoff contribution, R, of 0.06 Sv). Added to the freshwater contribution
240 from the Arctic (I), this led to a net freshwater balance (P-E+R+I) within the limits of the NA-
241 box (plus Mediterranean Sea) of 0.05 Sv in 2004 and 0.14 Sv in 2010, values that halves our
242 freshwater imbalances after applying the salt and volume conservation constraints.

243 **Text S4. Representativeness of the 2004 and 2010 quasi-synoptic nutrient transport** 244 **estimates**

245 The meridional transport of nutrients is subject to intra-annual to interannual variability. This
246 is a particularly important consideration when combining hydrographic sections carried out in
247 different times of the year with the purpose of assessing tracer budgets, since such variability
248 could be aliasing the results. To better understand the representativeness of our quasi-
249 synoptic cruise estimates compared to a mean state of circulation and the impact on our final
250 budget estimates, in this section we aim to evaluate, to the extent of data availability and the
251 methodological limitations, the intra to interannual range of variability.

252 At the OVIDE section, we obtained net nutrient transports of -11 ± 28 kmol-Si s⁻¹, 4.4 ± 16
253 kmol-N s⁻¹, and 1.1 ± 1.1 kmol-P s⁻¹ in 2004, and 81 ± 49 kmol-Si s⁻¹, 45 ± 19 kmol-N s⁻¹, and
254 6.7 ± 1.3 kmol-P s⁻¹ in 2010 (positive into the NA-box, i.e., southwards). In both 2004 and 2010
255 cruises, the magnitude of the MOC (MOC_σ of 16.4 Sv in 2004 and 16.9 Sv in 2010, Mercier et
256 al. 2015; 16.6 ± 1.2 and 18.8 ± 1.5 , this study) was not significantly different to the long-term
257 MOC average of 16.0 ± 1 Sv (average of the 1997, 2002, 2004, 2006, 2008 and 2010
258 hydrographic repeats, Mercier et al. 2015), suggesting there was no interannual aliasing on
259 the nutrient transports at this location.

260 Regards the seasonal signal, both the 2004 and 2010 cruises were carried out in spring-
261 summer, when the Ekman transport is close to the annual mean (1 Sv southwards) (Treguier
262 et al., 2006), and the MOC magnitude (17.0 ± 1 Sv; Mercier et al., 2015) is only reduced by 1
263 Sv with regards the annual average (18.1 ± 1.4 Sv; Mercier et al., 2015). To account for the
264 impact of this 1-Sv reduced MOC_σ with regards the annual mean, we approximated the total
265 nutrient transport across the OVIDE section by means of a simplified estimator equivalent to

266 that used for heat (Mercier et al., 2015) and anthropogenic carbon transports (Zunino et al.,
267 2014):

$$268 \quad T_N^{\text{estimator}} = \Delta N \rho_0 \text{MOC}_\sigma \quad (7)$$

269 where ΔN is the difference between the mean value of the nutrient in the upper and lower
270 limbs of the MOC (Table 5), ρ_0 is a reference density for seawater ($\rho_0 = 1026 \text{ kg m}^{-3}$), and
271 MOC_σ is the intensity of the MOC computed as the maximum of the overturning streamfunction
272 in density coordinates. Based on this simple estimator, we inferred a 6% (reduction) seasonal
273 bias on the total transport of nutrients, which ultimately still lies within the range of the
274 uncertainties of the *in situ* total nutrient transports (Table 4). Summarizing, the 2004 and 2010
275 nutrient transports across the OVIDE section are not significantly affected (within the range of
276 uncertainties) by either seasonal or interannual variability of the ocean circulation.

277 Applying the same simplified estimator at A05-24.5°N, and taking the MOC annual averages
278 by the RAPID timeseries (Smeed et al., 2019) as year-round representative MOC estimates
279 (17.8 [4.7] Sv in 2004, 12.8 [4.0] Sv in 2010; average [standard deviation] for the Jan-Dec
280 annual period; Smeed et al., 2019), compared to the long-term MOC average of 17.0 [4.1]
281 (Smeed et al., 2019), we inferred the impact of the interannual signal to be less than 5% of
282 the total transports in 2004, but of more than 30% in 2010. Summarizing, 2004 is closer to the
283 long-term mean and 2010 shows a strong interannual signal.

284 The net meridional nutrient transport across A05-24.5°N is also subject of experiencing a
285 distinct seasonal cycle, mainly following the seasonal pattern of the MOC (Kanzow et al.,
286 2010). The 2004 cruise was carried out in spring, when the MOC reduces its magnitude by
287 around 4 Sv with regards the annual average (MOC 2004 annual average of 17.8 Sv, Smeed
288 et al., 2019). In terms of the net nutrient transport, that involves a seasonal bias of about 35
289 kmol-Si s^{-1} , 11 kmol-N s^{-1} and 1 kmol-P s^{-1} , which is smaller than the uncertainties ($\pm 68 \text{ kmol-Si}$
290 s^{-1} , $\pm 40 \text{ kmol-N s}^{-1}$; $\pm 3 \text{ kmol-P s}^{-1}$). The 2010 cruise was carried out in winter, when the
291 seasonal amplitude of the MOC is just 1 Sv more intense than the annual average (Kanzow
292 et al., 2010), hence the seasonal signal in the nutrient transports is even smaller than for the
293 2004 cruise (less than 10% bias compared to the total transport), which for both years
294 represents a smaller bias than the uncertainties of the quasi-synoptic estimates ($\pm 66\text{-}68 \text{ kmol-Si}$
295 s^{-1} , $\pm 36\text{-}40 \text{ kmol-N s}^{-1}$, $\pm 2.3\text{-}2.7 \text{ kmol-P s}^{-1}$, Table 4).

296 In view of the above, the seasonal aliasing in the total nutrient transport estimates can be
297 disregarded for both cruises and locations, since it lied within the range of the quasi-synoptic
298 uncertainty estimates. The 2010 cruise at 24.5°N, however, captured a significant interannual
299 signal.

300 **Text S5. Comparison of absolute velocity fields**

301 To guarantee fully consistent velocity estimates across both A05-24.5°N and OVIDE sections,
302 we applied a joint box inverse model (details in Methods). Before applying the joint inversion,
303 we ran three test inversions at OVIDE separately, to assess the differences between our
304 results and those by Lherminier et al. (2010) and Mercier et al. (2015). The first test (test 1-
305 control: Figure S4, grey numbers), consisted in using the same constraints and wind products
306 as in Lherminier et al. (2010) and Mercier et al. (2015), so that we only tested consistency of
307 the new inverse model routines. The second test (test 2: Figure S4, red numbers), consisted
308 in using all the same constraints as in Lherminier et al. (2010) and Mercier et al. (2015), but
309 adding the salt conservation constraint, using the CCMP wind product averaged annually, and
310 using constant velocity in the bottom triangles instead of linear; and the third test (test 3: Figure
311 S4, blue numbers), was equivalent to test 2, but instead of using the ADCP constraints, we
312 used the after-inversion velocities at the reference level by Lherminier et al. (2010) and Mercier
313 et al. (2015) as *a priori* velocities at the reference level in our model.

314 The original inversion by Lherminier et al. (2010) and Mercier et al. (2015) did not show
315 significant differences with the control, nor the other two additional tests 2 and 3, which
316 positively satisfied conservation of salt and volume after inversion. In view of these results,
317 and to be consistent with the no-use of ADCP constraints at A05-24.5°N, we chose not to use
318 ADCP constraints at OVIDE either, but to use instead the velocities at the reference level
319 obtained by the original inversion by Lherminier et al. (2010) and Mercier et al. (2015) as a
320 *priori* velocities at the reference level for our joint inversion and the associated error covariance
321 matrix taking *de facto* into account the ADCP information.

322 **Text S6. Sensitivity tests**

323 A sensitivity analysis was performed to test the robustness of the budget estimates under
324 different assumptions, comprising:

- 325 - test 1, annual Ekman and Florida Straits transport (results in main manuscript);
326 reference level at the A05-24.5°N section according to Lavín et al. (2003) and Atkinson
327 et al. (2012) and at the OVIDE section according to Lherminier et al. (2007, 2010) and
328 Mercier et al. (2015);
- 329 - test 2, annual Ekman and Florida Straits transport, but using a redefined shallower
330 reference level in the West Boundary Wedge (west of 76.75°W) at A05-24.5°N;
- 331 - test 3, time-of-the-cruise Ekman and Florida Straits transport and shallower reference
332 level in the West Boundary Wedge (west of 76.75°W) at A05-24.5°N;

333 - test 4, time-of-the-cruise Ekman and Florida Straits transport, shallower western
334 boundary reference at A05-24.5°N and RAPID-Array Western boundary *in-situ*
335 transport (Smeed et al., 2019) used as constraint.

336 The four tests above were repeated for: bottom triangles assuming constant velocity; bottom
337 triangles assuming linearly decreasing velocity to 0 at bottom; and omitting bottom triangles,
338 and salt conservation constraint with an uncertainty of 35 Sv psu; and salt conservation
339 constraint with an uncertainty of 0.5 Sv psu. Results are summarized in Figures S8 and S9,
340 and further details given in the text below.

341 *S6.1. Sensitivity to the annual vs cruise-average Ekman and Florida Straits transports*

342 We evaluated the differences on the nutrient transport estimates across both sections, and
343 their impact on the nutrient budgets, of using annual (as in Atkinson et al., 2012) versus
344 synoptic Ekman (wind forcing) and Florida Strait transports. We found that only for the 2010
345 cruise at 24.5°N the net volume and oxygen transports by the upper and lower MOC limbs
346 (and the net nutrient transports by the lower MOC limb) were sensitive to the annual (tests 1
347 and 2) vs synoptic (test 3 and 4) Ekman and Florida Strait transports (Figure S5b). As result,
348 the net nutrient budgets in 2010 were also sensitive to that choice, with the nitrate and
349 phosphate convergence being significantly enhanced under synoptic forcing (Figure S6).

350 *S6.2. Sensitivity to the West Boundary Wedge reference level and transport*

351 The hydrography-based estimate of the MOC magnitude as presented in this study (annual
352 Ekman and Florida Straits transports) was of 13.7 ± 1.0 Sv in 2004, and 17.5 ± 0.9 Sv in 2010.
353 These values compare to those by the hydrography-based estimate by Atkinson et al. (2012)
354 of 12.9 Sv in 2004, and 15.4 Sv in 2010, taking into account that the latter correspond to the
355 net volume transport in the upper 800 dbar, whereas ours account for a deeper range (roughly
356 upper 1000 dbar of the water column). Dissimilarities in the MOC magnitude, however, enlarge
357 when it comes to compare the hydrography-based MOC estimate with those those by the
358 RAPID time series, due to the differences in the methodological procedure (Morarji, PhD,
359 2018), which prevents from a direct comparison. In Morarji's work, they showed that one of
360 the largest disagreements between hydrography and the RAPID estimates arose by the use
361 (in the RAPID estimate) of absolute transports obtained from current meter moorings in the
362 Western Boundary Wedge (WBW) (between Bahamas and 76.75°W, location of the RAPID-
363 WB2 mooring). To evaluate that, we first took a closer look into the mean WBW current-meter
364 velocity profiles to check whether they showed the same vertical shear as the mean
365 geostrophic velocity profile at the same location (Figure S7, upper panels). As seen in Figure
366 S7 (upper panels), the vertical velocity profiles (mooring vs geostrophic velocity profile)
367 compared better for the 2010 cruise than for 2004. In 2004, the geostrophic velocity mean

368 profile at the WBW seemed to be missing the deep (ageostrophic) signal, which, however,
369 was seen in the first geostrophic velocity profile east of 76.75°W. To check how long did this
370 deep feature lasted in time, Figure S7 (lower panels) shows the WBW mooring velocity profiles
371 at the time the WBW was sampled in the hydro-cruises, *plus* 5 more mooring time-lapses in
372 each case. As we can see, the deep positive-velocity feature in 2004 did not last longer than
373 two days, but it was detectable in the 3-day average (Figure S7c, black line). In 2010, large
374 temporal variability was also detectable at depth, but in this case, the 3-day average profile
375 was closer to the geostrophic mean profile (Figure S7d). In both cases, the WBW mean
376 current-meter velocity profile crossed 0 at around 940 dbar. Based on that, we decided to
377 adjust the geostrophic reference level (*a priori* level of no motion in the inverse model) from
378 the original 1000 dbar level (as in Atkinson et al., 2012) to 940 dbar (test 2, Figure S5b). But
379 by doing so, we found no significant change in the MOC magnitude, which only experienced
380 a 0.2-Sv decrease in 2004, and 0.5- Sv decrease in 2010. The change became significant
381 only after using the time-of-the-cruise Ekman and Florida Straits transports while keeping the
382 new WBW shallower reference level (test 3, Figure S5b).

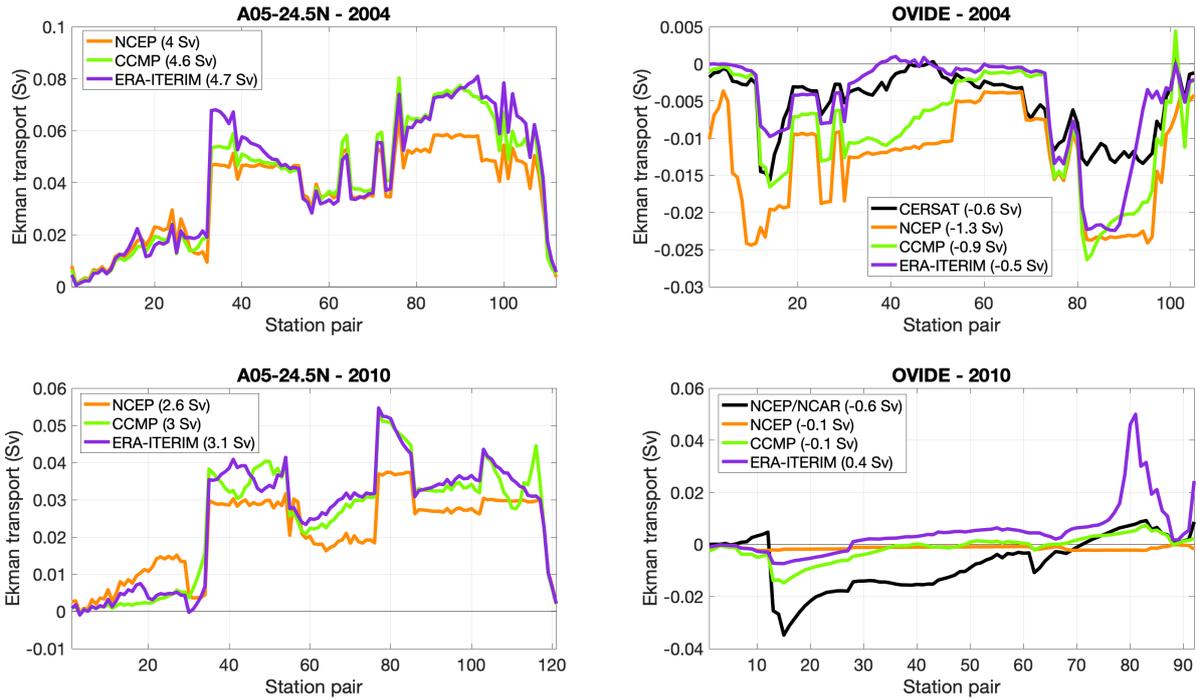
383 Aware that the inherent constraints on collecting hydrographic profiles (such as the temporal
384 gap between profiles) in regions of highly variable transports like the western boundary wedge
385 (e.g., Figure S8), may incur in aliasing and, therefore, limit the capture of the large short-term
386 variability in the WBW signal (Smeed et al., 2019), we decided to run one more sensitivity test
387 (test 4, Figure S5b). Test 4 consisted in constraining the inversion with the with mooring-based
388 WBW absolute transport estimates, i.e., 4.1 ± 0.1 Sv in 2004, and 0.6 ± 0.1 Sv in 2010 (Figure
389 S8). No significant changes in the results were observed (Figures S5 and S6).

390 *S6.3. Sensitivity to the bottom triangles*

391 Although noticeable differences arise in the property transports depending on which bottom
392 triangle assumption used (linear, constant or without bottom triangles), none of them were
393 statistically significant (Figures S5 and S6). Therefore, we kept the constant bottom triangles
394 approach for the results shown in the main manuscript, as it accounted for the lower
395 constraints residuals after inversion.

396 *S6.4. Sensitivity to the salt conservation constraint*

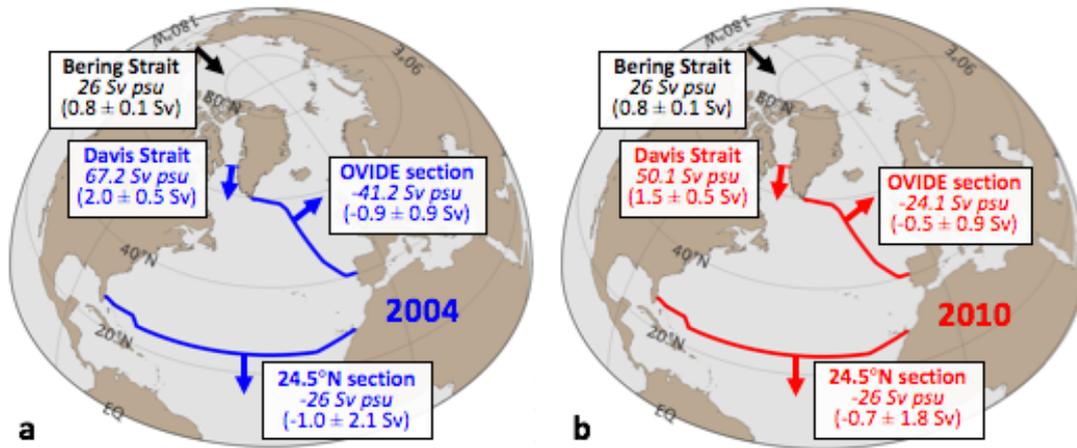
397 We also aimed to test whether the salt constraint being more rigorously satisfied (for instance,
398 by reducing the uncertainty of the salt constraint from 35 Sv psu uncertainty to 0.5 Sv psu
399 uncertainty) might impact our results (opens squares vs stars, respectively, in Figures S7 and
400 S8). However, no significant differences were found when using a more or less restrictive salt
401 conservation constraint (Figures S5 and S6), so we kept the larger uncertainty (35 Sv psu) for
402 the results shown in the main manuscript.



404

405 **Figure S1.** Annual Ekman transport across the A05-24.5°N section (left panels) and OVIDE
 406 section (right panels) for 2004 (upper panels) and 2010 (lower panels). Colour legend
 407 represents different wind products (in green, the CCMP wind data used in this study), and
 408 numbers in parenthesis the total Ekman transport across the section (negative southwards,
 409 positive northwards). Black lines in the right panels represent the Ekman transports originally
 410 used in Lherminier et al. (2010) and Mercier et al. (2015).

411



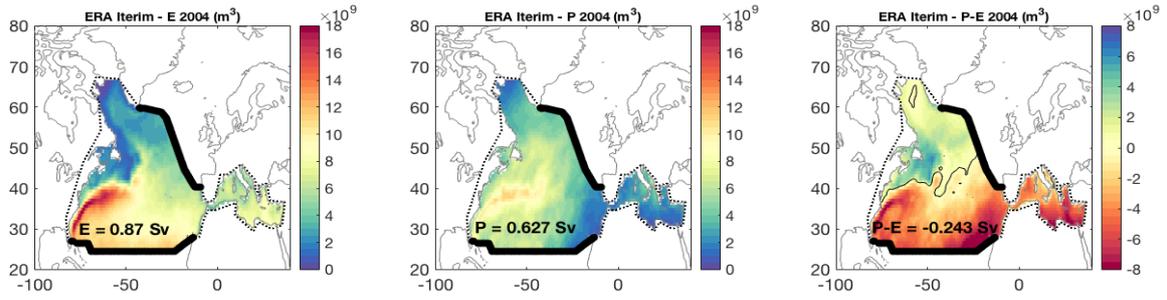
412

413 **Figure S2.** Salt conservation constraint as estimated in this study for a) 2004 and b) 2010.

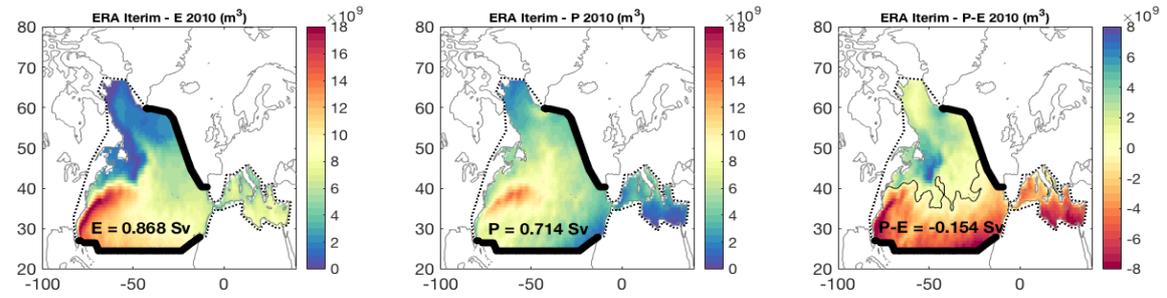
414 Numbers in italics account for salt transports, numbers in parenthesis for volume transports.

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416

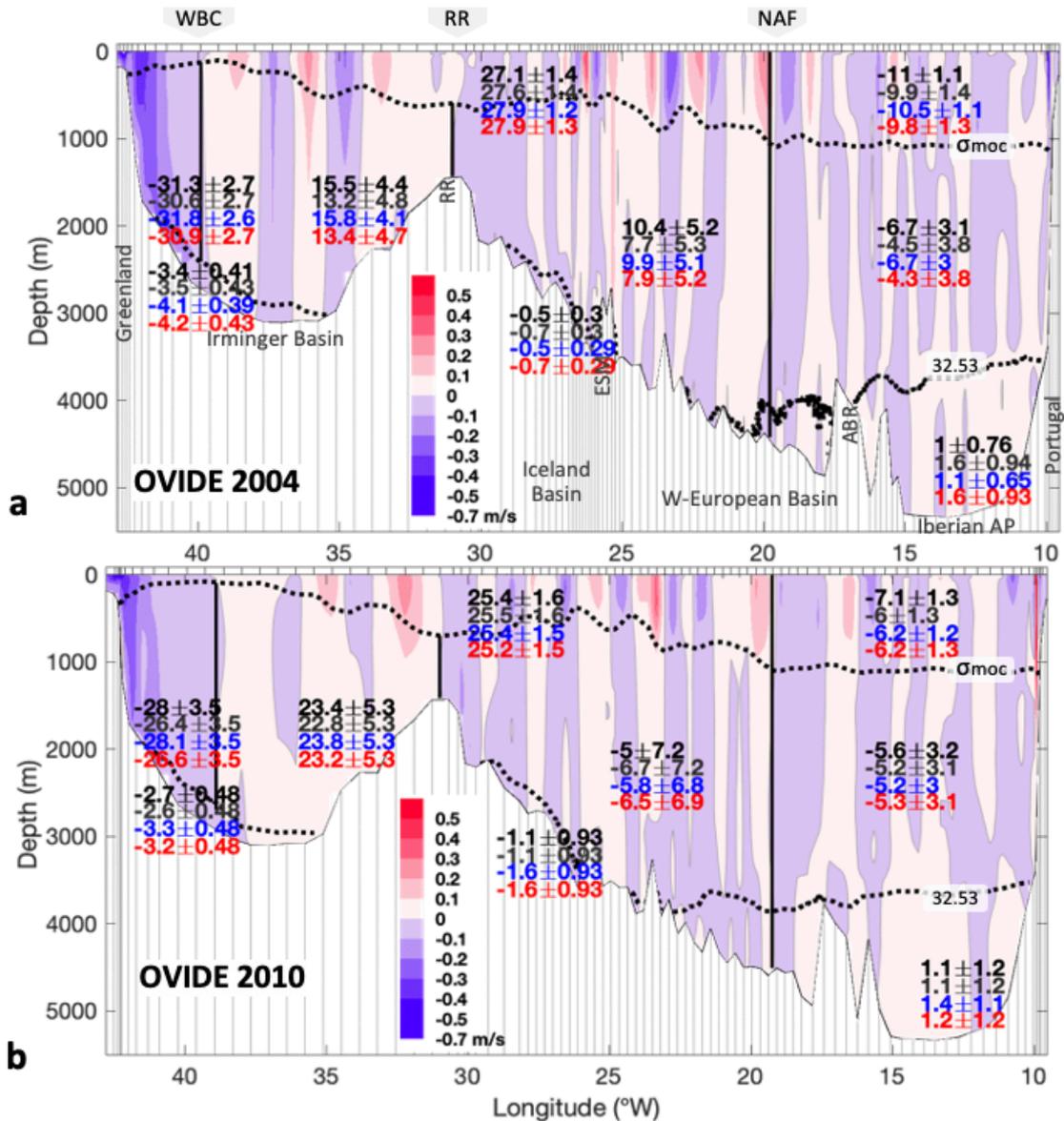


417



418 **Figure S3.** Evaporation (E), precipitation (P) and P-E in the North Atlantic Box and
419 Mediterranean Sea in 2004 (upper panels) and 2010 (lower panels).

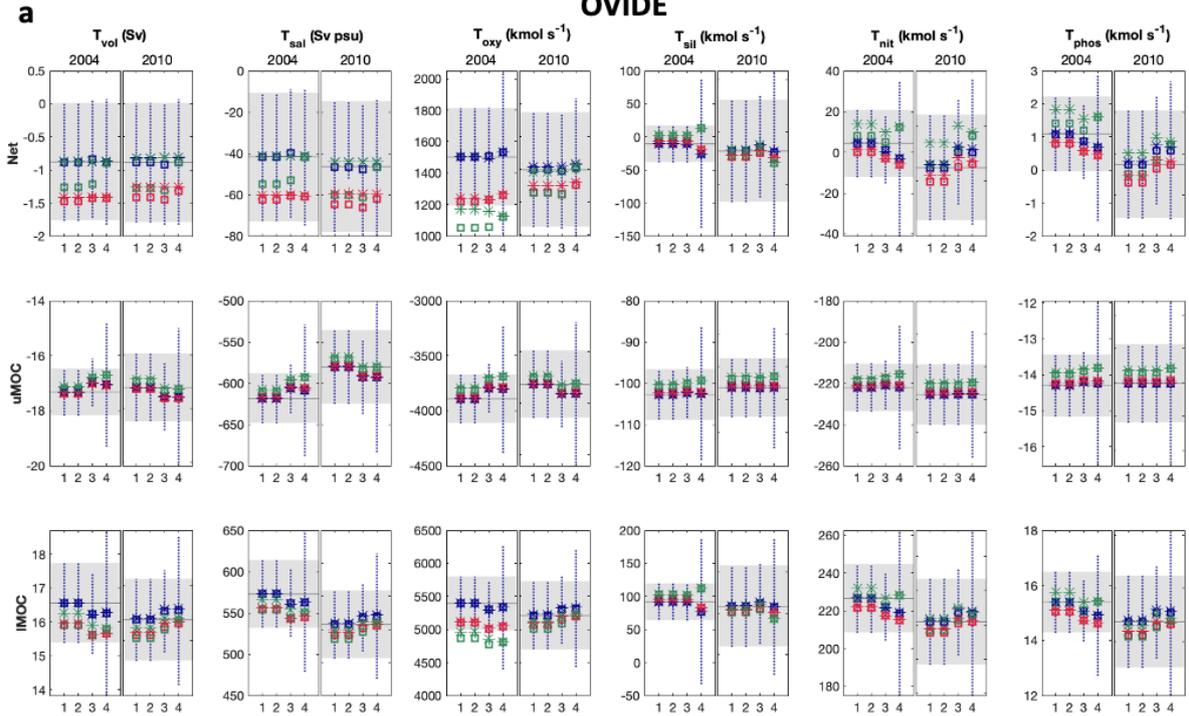
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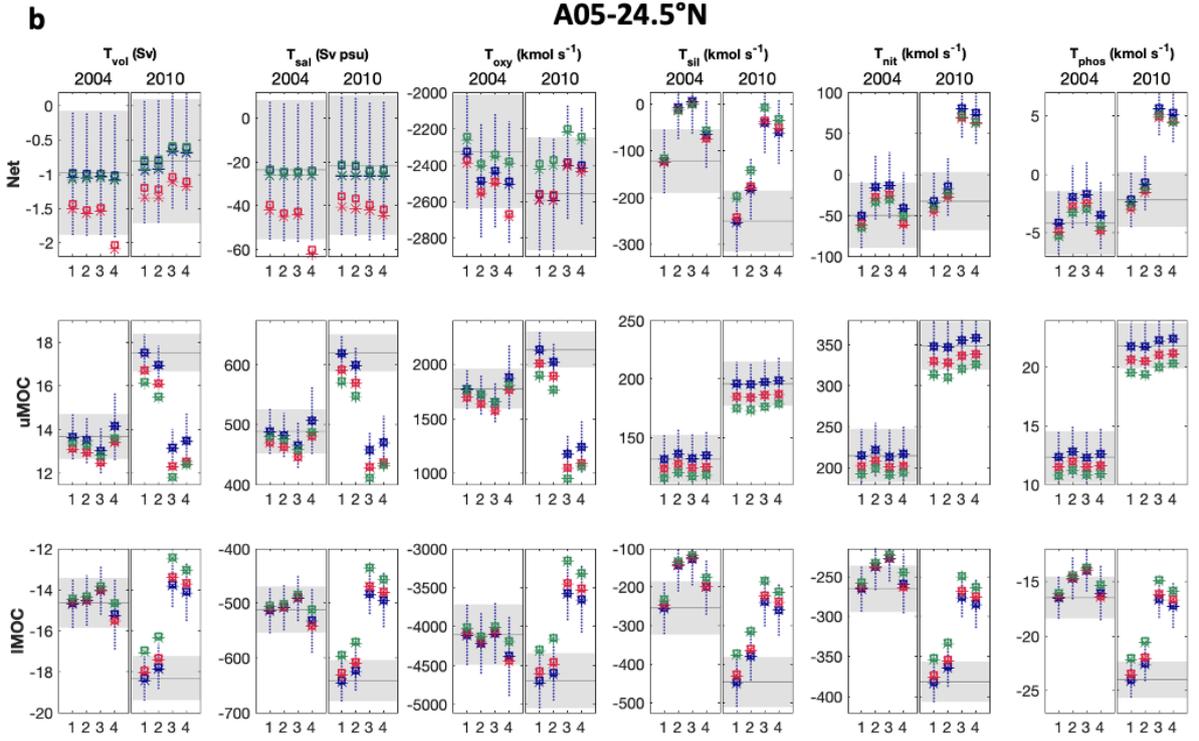
422 **Figure S4.** Velocity (shading, in m/s) perpendicular to the OVIDE sections for the a) 2004
 423 and b) 2010 cruises. The isopycnals used as density horizons for the transport estimates are
 424 also indicated (dotted lines): σ_{moc} refers to σ_1 isopycnal 32.15 kg m^{-3} (σ_1 is the potential
 425 density referenced to 1000 dbar), separating the upper and lower limbs of the Atlantic
 426 Meridional Overturning Circulation (Mercier et al., 2015); $\sigma_1=32.53 \text{ kg m}^{-3}$; $\sigma_4=45.9 \text{ kg m}^{-3}$
 427 (σ_4 is the potential density referenced to 4000 dbar). Numbers represent net transports \pm
 428 uncertainties (in Sv) by subregions (negative, southwards). Legend colour: black, results as
 429 in Lherminier et al. (2010) and Mercier et al. (2015); grey, test1 control run - joint inversion
 430 with original setup; red, test 2 - new inversion with original setup plus salinity conservation
 431 applied and new wind product; and blue, test 3 – same as in test 2, but no SADCp used as
 432 constraint (see text S5 for details).

OVIDE



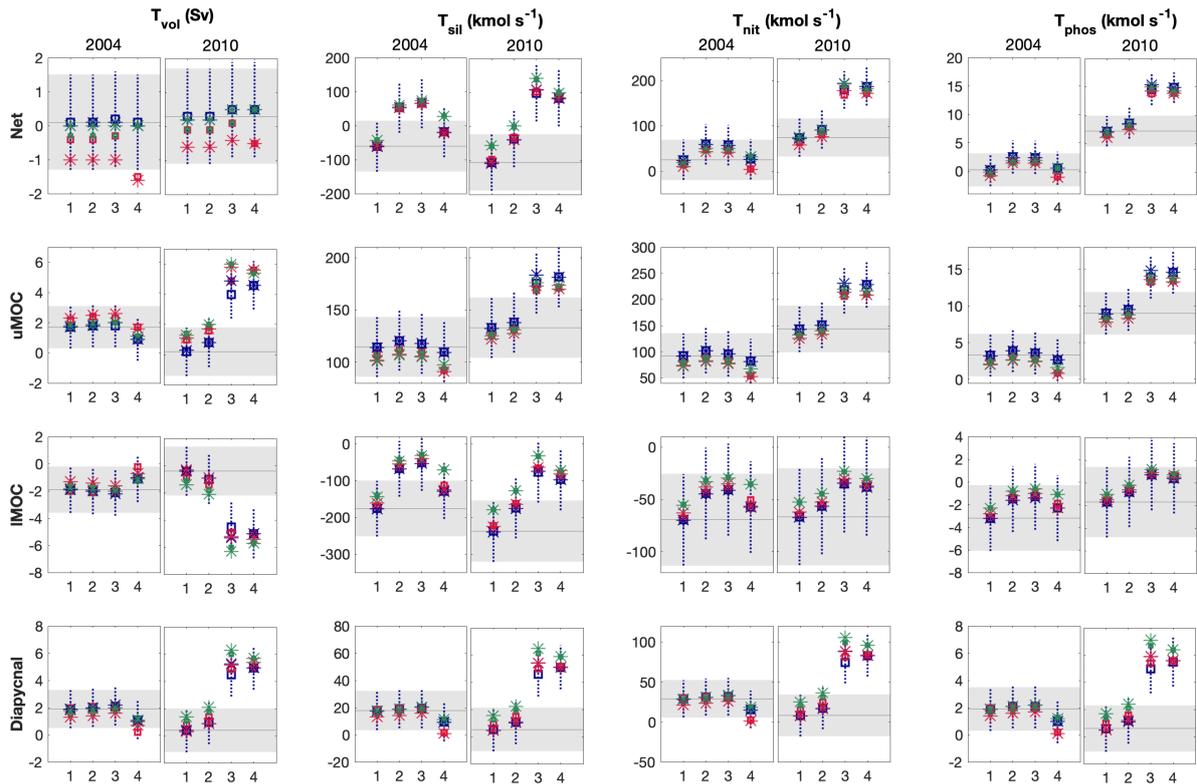
433

A05-24.5°N



434

435 **Figure S5.** Summary of sensitivity tests of transports across a) A05-24.5°N and b) OVIDE.
436 The horizontal (x) axis displays test numeration: test 1, annual Ekman (and annual Florida
437 Straits transport); test 2, annual Ekman (and annual Florida Straits transport) and use of a
438 redefined (shallower) reference level in the West Boundary Wedge (west of 76.75°W) at A05-
439 24.5°N (see text for details); test 3, time-of-the-cruise Ekman (and annual Florida Straits
440 transport) and shallower western boundary reference at A05-24.5°N; test 4, time-of-the-cruise
441 Ekman (and annual Florida Straits transport) and shallower western boundary reference at
442 A05-24.5°N and RAPID Western boundary transport used as constraint. Color legend: blue,
443 bottom triangles assuming constant velocity; red, bottom triangles assuming linearly
444 decreasing velocity to 0 at bottom; green, no bottom triangles. Symbol legend: open square,
445 salt conservation constraint with an uncertainty of 25 Sv psu; star, salt conservation constraint
446 with an uncertainty of 0.5 Sv psu (see text for details). Negative (positive) values mean inward
447 (outward) transports.
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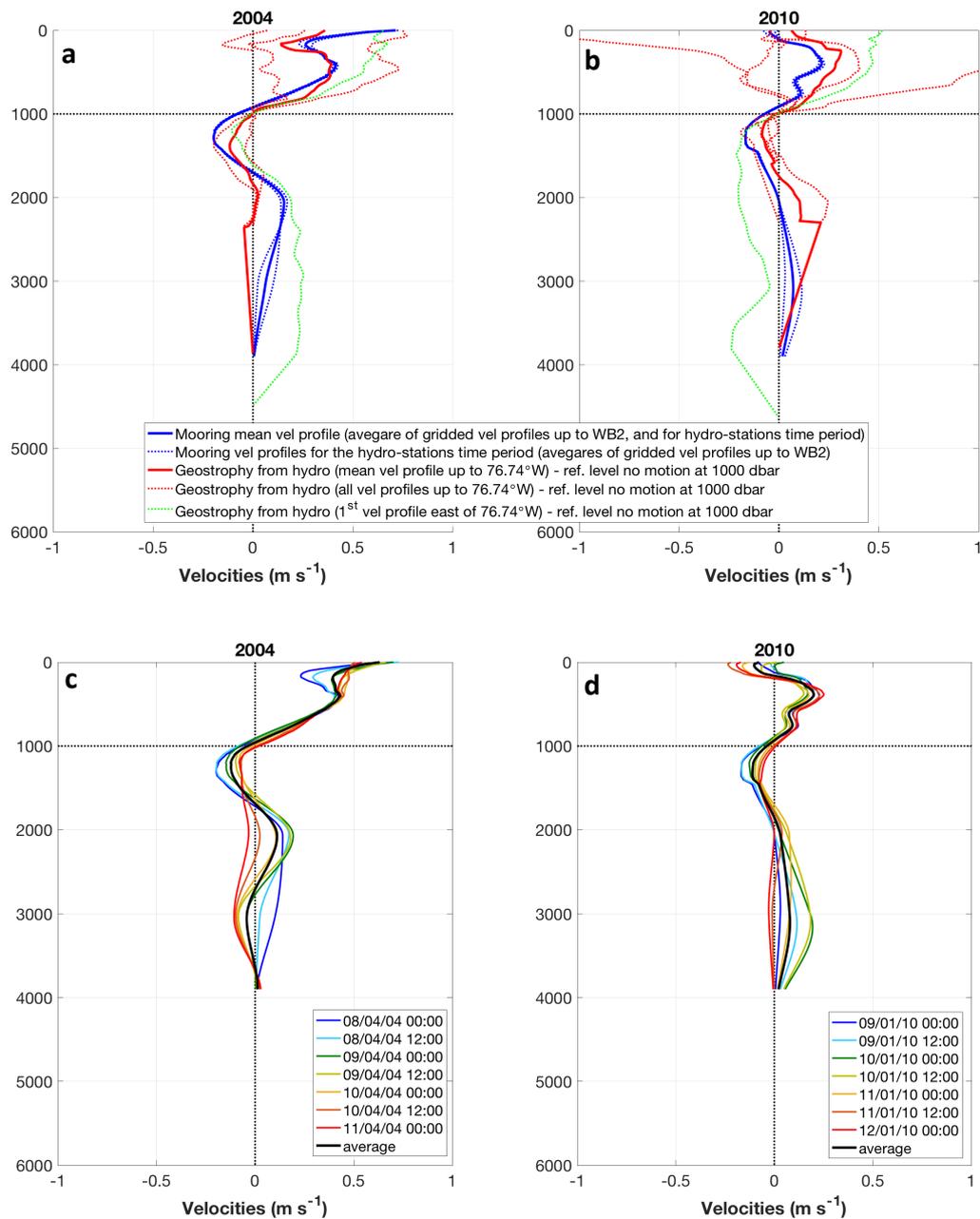
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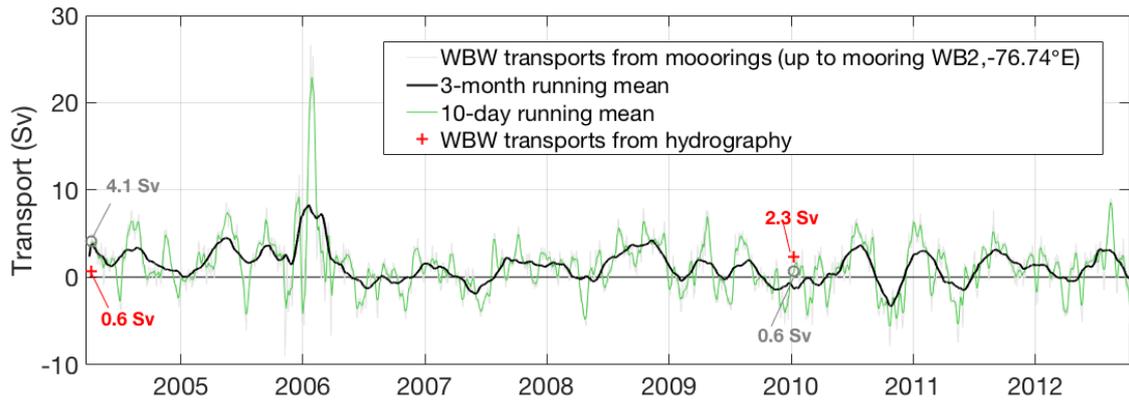
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465

Figure S6. Summary of sensitivity for the budget estimates. Positive values mean convergence ($d([N]/dt > 0$) and/or nutrient consumption exceeding regeneration (steady-state assumption). Likewise, negative values mean nutrient divergence ($d([N]/dt < 0$) and/or net nutrient regeneration (steady-state assumption). The horizontal (x) axis displays test numeration: test 1, annual Ekman (and annual Florida Straits transport); test 2, annual Ekman (and annual Florida Straits transport) and use of a redefined (shallower) reference level in the West Boundary Wedge (west of 76.75°W) at $A05-24.5^\circ\text{N}$ (see text for details); test 3, time-of-the-cruise Ekman (and annual Florida Straits transport) and shallower western boundary reference at $A05-24.5^\circ\text{N}$; test 4, time-of-the-cruise Ekman (and annual Florida Straits transport) and shallower western boundary reference at $A05-24.5^\circ\text{N}$ and RAPID Western boundary transport used as constraint. Color legend: blue, bottom triangles assuming constant velocity; red, bottom triangles assuming linearly decreasing velocity to 0 at bottom; green, no bottom triangles. Symbol legend: open square, salt conservation constraint with an uncertainty of 25 Sv psu; star, salt conservation constraint with an uncertainty of 0.5 Sv psu (see text for details).



466 **Figure S7.** *Upper panels:* Comparison of the current meter (blue lines) vs. geostrophic velocity
 467 profiles (red lines) in the Western Boundary Wedge (region between Bahamas and 76.75°W).
 468 Current meter profiles are those corresponding to the same cruise sampling periods in the
 469 region (a) from Apr 7th 21:00 to Apr 8th 8:15, 2004 cruise; (b) from Jan 8th 19:00 to Jan 9th
 470 14:00, 2010 cruise). First geostrophic velocity profile east of 76.75°W was also included (green
 471 line). *Lower panels:* Temporal variability of the current-meter velocity profile in the Western
 472 Boundary Wedge (WBW, between Bahamas and 76.75°W). Current meter profiles are those
 473 corresponding to the same cruise sampling periods in the region (c) from Apr 7th 21:00 to Apr
 474 8th 8:15, 2004 cruise; (d) from Jan 8th 19:00 to Jan 9th 14:00, 2010 cruise).



475

476 **Figure S8.** Total Western Boundary Wedge (WBW, between Bahamas and 76.75°W)
 477 absolute transports. Grey line shows the 12-h WBW time series, and grey numbers are the
 478 corresponding WBW transport values averaged for the time of each cruise. Green line is 10-
 479 day low-pass filtered WBW transports, and black line represent the 3-month low-pass filtered.
 480 Red numbers are the hydrography-based estimates.

481

482 **Table S1.** Secondary QC GLODAPv2.2019 (Olsen et al., 2019) multiplicative factors of
483 correction for oxygen and nutrient bottle data.

Section	Cruise Year	Oxygen	Silicate	Nitrate	Phosphate
A05-24.5°N	2004	1	0.975	0.975	0.975
	2010	1.025	0.945	0.965	0.985
OVIDE	2004	1	0.98	0.975	1.1
	2010	1	0.98	0.99	1.1

484

485 **Table S2.** External sources (inputs) of silicate, nitrate and phosphate (other than advection
 486 across the hydrographic OVIDE and A05-24.5°N sections) to the subtropical box (box
 487 boundaries shown in Figure 1). Global, NA-box or NA, refer to a global-based, NA-box-based
 488 or North-Atlantic-based estimate, respectively; M or O refer to model-based or observation-
 489 based estimates, respectively.

Source	Nutrient flux* (kmol s ⁻¹)	Ref. year**	Ref. region	Ref. data	References
Silicate	2004: 71 ± 11 2010: 64 ± 11				
Atm. deposition	0.7 ± 0.7	No time ref.	Global	O	Tréguer et al. (1995, 2013)
Fluvial inputs and ice-sheet meltwaters	26 ± 11	No time ref.	Global	O	Tréguer et al. (2013), Dürr et al. (2011), Hawkings et al. (2017)
Davis Strait	37.3, 27.8	2004, 2010	NA-box	O	Torres-Valdés et al. (2013), Curry et al. (2014)
Gibraltar Strait	3.9 ± 0.3	2005- 2008	NA-box	O	Huertas et al. (2012)
Other (seafloor weathering, ground water, hydrothermal sources)	4.6 ± 1.5	No time ref.	Global	O	Tréguer et al. (1995, 2013)
Nitrate	2004: 73 ± 11 (+ DON*: 84 ± 12) 2010: 64 ± 11 (+ DON*: 77 ± 12)				
Atm. deposition	4.5 ± 4.5	2005	NA-box	M	Jickells et al. (2017)
Fluvial inputs	2.2 ± 0.5	2000	NA-box	M	Mayorga et al. (2010), Sharples et al., (2016)
Davis Strait	26.4 ± 4.0, 19.5 ± 4.0	2004, 2010	NA-box	M	Torres-Valdés et al. (2013), Curry et al. (2014)
Gibraltar Strait	4.4 ± 0.1	2005- 2008	NA-box	O	Huertas et al. (2012)
N ₂ fixation	33 ± 9	No time ref.	NA- box/NA	M/O	Jickells et al. (2017), Singh et al. (2013)
Phosphate	2004: 3.3 ± 0.4 (+ DOP*: 6.3 ± 1.1) 2010: 2.6 ± 0.4 (+ DOP*: 5.6 ± 1.1)				
Atm. deposition	0.03 ± 0.03	No time ref.	NA	M	Mahowald et al. (2008)
Fluvial inputs	0.13 ± 0.06	2000	NA-box	M	Mayorga et al. (2010), Sharples et al., (2016)
Davis Strait	3.0 ± 0.4, 2.3 ± 0.4	2004, 2010	NA-box	O	Torres-Valdés et al. (2013), Curry et al. (2014)
Gibraltar Strait	0.15 ± 0.01	2005- 2008	NA-box	O	Huertas et al. (2012)

490 * See Text S1 for derivation of numbers; ** Period of time the value accounts for.

491 **Table S3.** List of hydrographic cruises at the Florida Straits. P.I. denotes principal investigator,
 492 #St the number of stations.

Cruise no.	Cruise ID	Day	Month	Year	Vessel	P.I.	#St
1	NOAA FC1505	26-27	May	2015	<i>R/V Walton Smith</i>	J.A. Hooper, M.O. Baringer	9
2	NOAA FC1507	14-15	Jul	2015	<i>R/V Walton Smith</i>	J.A. Hooper, M.O. Baringer	9
3	NOAA FC1509	8-9	Sep	2015	<i>R/V Walton Smith</i>	J.A. Hooper, M.O. Baringer	9
4	NOAA FC1511	10-11	Nov	2015	<i>R/V Walton Smith</i>	J.A. Hooper, M.O. Baringer	9
5	DY040*	10-12	Dec	2015	<i>RRS Discovery</i>	B. King	13
6	NOAA FC1603	23-24	Mar	2016	<i>R/V Walton Smith</i>	J.A. Hooper, M.O. Baringer	9
7	NOAA FC1605	16-17	May	2016	<i>R/V Walton Smith</i>	J.A. Hooper, M.O. Baringer	9
8	NOAA FC1607	13-14	Jul	2016	<i>R/V Walton Smith</i>	J.A. Hooper, M.O. Baringer	9
9	NOAA FC1609	15-16	Sep	2016	<i>R/V Walton Smith</i>	J.A. Hooper, M.O. Baringer	9
10	NOAA FC1612	12-13	Dec	2016	<i>R/V Walton Smith</i>	J.A. Hooper, M.O. Baringer	9
11	NOAA FC1702	7-8	Feb	2017	<i>R/V Walton Smith</i>	J.A. Hooper, M.O. Baringer	9

493 * DY040 cruise was carried out across the whole A05-24.5°N section.

494 **Table S4a.** Volume (T_{vol}) and nutrient (T_{sil} , T_{nit} , T_{phos}) transports across Davis Straits by vertical
 495 levels (see Torres-Valdés et al. (2013) for layer definitions). TW accounts for the transport
 496 weighted properties, as obtained from Torres-Valdés et al. (2013). T_{sil} , T_{nit} and T_{phos} at given
 497 layer result from multiplying the TW property at the given layer by the volume transport of that
 498 layer (volume transport estimates by Curry et al., 2014). Finally, total transport weighted
 499 nutrients* were estimated as the total nutrient transport divided by the total volume transport.

	T_{vol} (Sv)	TW-sil	TW-nit	TW-phos	T_{sil}	T_{nit}	T_{phos}
		$(\mu\text{mol kg}^{-1})$			(kmol s^{-1})		
2004							
Surface Water	1.4	7.79	6.49	0.11	8.7	9.3	1.09
Subsurface Water	-1.75	9.74	8.76	0.13	-21.0	-15.8	-2.10
Upper Atlantic Water	-1.5	12.17	12.98	0.10	-25.0	-20.0	-2.00
Total	-1.9	20.16*	14.28*	1.63*	-37.3	-26.4	-3.0
2010							
Surface Water	1.1	7.79	6.49	0.11	6.8	7.3	0.86
Subsurface Water	-1.5	9.74	8.76	0.13	-18.0	-13.5	-1.80
Upper Atlantic Water	-1	12.17	12.98	0.10	-16.7	-13.3	-1.33
Total	-1.4	19.87*	13.93*	1.63*	-27.8	-19.5	-2.3

500 **Table S4b.** Volume and salt transports at Davis Straits by water masses as defined by Curry
 501 et al. (2014). Salt transports (T_{sal}) by water mass were computed as the volume transport (T_{vol})
 502 multiplied by the mean salinity of a given water mass. The total salt transport was then
 503 estimated as the sum of the contribution of all water masses. Finally, a transport weighted
 504 salinity* was re-estimated as total salt transport divided by the total volume transport.

	T_{vol} (Sv)	Mean salinity	T_{sal} (Sv psu)
2004			
Arctic Water	-1.8	33.10	-59.6
West Greenland Irminger Water	0.9	34.57	31.1
West Greenland Shelf Water	0.4	33.30	12.7
Transitional Water	-1.5	34.29	-51.4
Total	-2.0	33.29*	-67.2
2010			
Arctic Water	-1.6	32.90	-52.6
West Greenland Irminger Water	0.6	34.55	20.7
West Greenland Shelf Water	0.4	33.30	12.7
Transitional Water	-0.9	34.29	-30.9
Total	-1.5	32.97*	-50.1